The mission of the Trauma Center is to help individuals, families and communities impacted by trauma and adversity to re-establish a sense of safety and predictability in the world, and to provide them with state-of-the-art therapeutic care as they reclaim, rebuild and renew their lives.

Located at 1269 Beacon Street in the Coolidge Corner area of Brookline, the office is handicapped accessible and convenient to public transportation. For directions please call or visit our website.

HOURS:
Monday thru Thursday 9am-8pm
Friday 9am-6pm
Saturdays by appointment

TRAINING AND EDUCATION PROGRAM
For three decades our Center has held an unparalleled reputation for leading the field of traumatic stress in the provision of state-of-the-art training and education on local, regional, national and international fronts. Our senior training faculty have trained over 20,000 mental health providers in the past five years. We prioritize enhancing community-based capacity to provide high quality trauma services through our comprehensive trainer-training initiatives.

TRAINING INSTITUTE
- Certificate Program in Traumatic Stress Studies
- Annual International Trauma Conference
- Free monthly lectures for mental health professionals
- Regional lectures and workshops
- Advanced Clinical Consultation Groups

SPECIALTY TRAINING & CONSULTATION TOPICS
- Local, regional, and national training workshops and in-service trainings for a range of providers on numerous topics, including:
  - Attachment, Self-regulation, & Competency (ARC) Treatment Framework
  - Sensory Motor Arousal Regulation Treatment (SMART)
  - Complex trauma assessment and treatment (child and adult)
  - Yoga & mind-body approaches to intervention
  - Neurobiological impact of trauma
  - Understanding the impact of trauma through a developmental lens
  - Understanding and intervening with dissociative clients
  - Vicarious traumatization and self-care for providers

POSTDOCTORAL FELLOWSHIP PROGRAM
Offering two-year postdoctoral fellowships for qualified candidates, providing specialized training in assessment and intervention with trauma-exposed populations. Contact Margaret Blaustein, Ph.D. | 617.232.1303 x214 or mblaustein@jri.org

NATIONAL CHILD TRAUMATIC STRESS NETWORK
The mission of the NCTSN is to raise the standard of care and improve access to services for traumatized children, their families, and communities. The Trauma Center has been an active member of this SAMHSA-funded initiative since its inception in 2001. In 2009, we were elevated from a regional community-based treatment dissemination site to one of a small number of Category II Treatment & Services Adaptation Centers. Through this award, we established the Complex Trauma Treatment Network, a national training and technical assistance initiative dedicated to preparing statewide systems of care throughout the US to adopt and sustain trauma-informed programs and services for children and adolescents impacted by chronic violence, maltreatment, and neglect. Contact Joseph Spinazzola, Ph.D. | 617.232.1303 x215

HUMAN TRAFFICKING SERVICES PROGRAM
Project REACH is an anti-trafficking program that provides psychological assessment and brief mental health services to survivors of human trafficking throughout the United States. Project REACH also provides training and consultation to law enforcement and social service providers working with trafficking survivors. This program is supported by funding from the Department of Justice and the Department of Health and Human Services. Contact Elizabeth Hopper, Ph.D. | 617.232.1303 x211

RESEARCH & DEVELOPMENT PROGRAM
Led by Dr. Bessel van der Kolk, the Trauma Center has continuously maintained an active clinical research program for the past three decades. We are committed to advancing the field of traumatic stress by conducting state-of-the-art research dedicated to uncover neurobiological and psychological risk and protective markers and mechanisms of change for victims of complex trauma, and to developing and evaluating innovative models of treatment, particularly those that engage the total person, mind and body, in the healing process.

Current projects include:
1. An NIH-NCCAM-funded RCT investigating the contribution of yoga to recovery of adult women with treatment-resistant PTSD associated with histories of childhood trauma
2. Two foundation-funded pilot studies exploring the use of neurofeedback as a mechanism of affect regulation in children and adults with histories of complex trauma

visit www.traumacenter.org for more information
Disorder (DTD), Dissociative disorders and related conditions and difficulties. Posttraumatic Stress Disorder (PTSD), Complex PTSD, Developmental Trauma reconnection with self and others. We specialize in the assessment and treatment of chronic experiences of child abuse, neglect, and traumatic loss. Our innovative treatment honors and expands client strengths and resources, and attends to core continuum of trauma exposure, from acute incidents such as accidents and assaults to chronic experiences of child abuse, neglect, and traumatic loss. We specialize in the assessment and treatment of Posttraumatic Stress Disorder (PTSD), Complex PTSD, Developmental Trauma Disorder (DTD), Dissociative disorders and related conditions and difficulties.

TRAUMA CENTER MENTAL HEALTH CLINIC

The Trauma Center offers an extensive menu of services and intervention methods to meet the needs of children, adults, and families impacted by the continuum of trauma exposure, from acute incidents such as accidents and assaults to chronic experiences of child abuse, neglect, and traumatic loss. Our innovative treatment honors and expands client strengths and resources, and attends to core components of safety and self-regulation, traumatic memory processing, and reconnection with self and others. We specialize in the assessment and treatment of Posttraumatic Stress Disorder (PTSD), Complex PTSD, Developmental Trauma Disorder (DTD), Dissociative disorders and related conditions and difficulties.

METHODS OF PAYMENT ACCEPTED
- Massachusetts Behavioral Health Partnership (MBHP)
- Tufts Health Plan
- Victim Compensation Fund
- Single-case/Private contracts
- Assistance with PPO reimbursement
- Self-Pay

For information about clinical services and referral, contact Clinical Intake at 617.232.0687

The Trauma Center is a satellite of JRI’s Metrowest Behavioral Health Center

For information about clinical services and referral, contact the VOCA Intake Line | 617.232.1303 x3501

SPECIALIZED SERVICES

We provide a range of specialty programming that includes:

PATHWAYS TO PERMANENCY (P2P)
- P2P strives to strengthen and support families in providing foster and adoptive children with nurturing and stable home environments. Services include caregiver support, psychosocial, and consultation; Parent-Child Interaction Therapy-Adaptations; and pre- and post-adoption counseling, provided by clinicians with extensive experience working with childhood trauma and foster care and adoption-related issues. Contact Rona Sandberg, LICSW | 617.232.1303 x223

SENSORY MOTOR AROUSAL REGULATION TREATMENT (SMART)
- Designed for children with complex trauma and their caregivers, SMART draws on expertise from sensory integration, art therapy and other sensory motor approaches to offer a new array of strategies using big pillows, balance beams and yoga balls, as well as art materials. SMART helps children learn to calm themselves and to become more organized, playful and expressive in their everyday lives. Caregivers can learn how to co-regulate their children and generalize the learning to home life. Contact Clinical Intake | 617.232.0687

YOGA
- Trauma-sensitive groups for adults & one-to-one consultation
- Classes for area social service agencies
- Training and consultation for clinicians seeking to incorporate elements of yoga into trauma-focused psychotherapy, and for yoga instructors seeking to enhance trauma-focused instruction. Contact David Tronson, RYT | 617.232.1303 x222

VICTIMS OF CRIME ACT (VOCA)
- VOCA provides free, on-site trauma-focused services to eligible child and adult victims of crime and their significant others. Services include screening, information, and referral, individual and group therapy, and assistance with application for MA Victim Compensation Funds. Contact the VOCA intake line | 617.232.1303 x259
- VOCA Services in Spanish: Marta Casas, LMHC | 617.350.6900 x170

SPECIALTY TREATMENT APPROACHES
- We provide trauma-specialty therapy for children, adults, and families: Attachment, Self-regulation, & Competency (ARC)
- Cognitive-Behavioral Therapy & Trauma-Focused CBT
- Eye Movement Desensitization and Reprocessing (EMDR, Level II)
- Mind-body approaches, including Sensorimotor Psychotherapy
- Parent-Child Interaction Therapy-Adaptations (PCIT-A)
- Dialectical Behavior Therapy (DBT)
- Treatment of clinical dissociation
- EMDR
- Expressive Arts Therapy

Through this internal group-practice model, staff provide expert case consultation, evaluation and specialty counseling. Services are private pay and are provided to individuals as well as agencies seeking expert consultation to enhance trauma-focused services.

ASSessment & TESTING Services

Through this internal group-practice model, staff provide expert case consultation, evaluation and specialty counseling. Services are private pay and are provided to individuals as well as agencies seeking expert consultation to enhance trauma-focused services.

We provide a full spectrum of assessment services to address a variety of referral questions for all ages. Our assessment services are offered on a self-pay basis only or through our contract with the MA Department of Children & Families. Residential assessment services may be arranged for ages 12-22. Some services available in Spanish.

COMPREHENSIVE TRAUMA EVALUATIONS
- Provides clinical formulation, differential diagnosis, and treatment planning for children & adults with histories of chronic trauma
- Optional additional testing components: psychological, IQ, educational, and neuropsychological testing & psychopharmacological evaluation

ATTENTION & LEARNING DISORDER EVALUATIONS
- Brief & Comprehensive ADHD Evaluations
- Psychosocial & Neuropsychological Evaluations

TRAUMA CENTER TEAM

The Trauma Center is a satellite of JRI’s Metrowest Behavioral Health Center

www.traumacenter.org

TRAUMA CENTER TEAM MANAGER TEAM

Joseph Spinazzola, PhD Executive Director

Brendan van der Kolk, MD Medical Director

Alexandra Cook, PhD Associate Director

Maria Zane, PhD Director of Clinical Services

Margaret Blaustein, PhD Director of Training and Education

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