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December 1, 2011


Dear Friend of The Trauma Center,

In 2012, we are celebrating our 30th Anniversary! It is hard to believe it has been 30 years. In 1982, Post-Traumatic Stress Disorder was a new diagnosis in the DSM III. The trauma field has grown and evolved in large part due to the research base that has accumulated. In order to mark this 30th Anniversary, The Trauma Center is initiating a campaign to endow the van der Kolk Research Director Chaired Position. The Catherine Jacobus Endowment Fund established in 2007 stands at over \$600,000. This year's annual appeal will kick off the 30th Anniversary effort to raise \$300,000 over the next year in effort to establish our first endowed position.

As many of you know, The Trauma Center is one of the few independent voices in the trauma research field championing the underserved children, adults, and families whose lives have been impacted by trauma. Dr. van der Kolk has lobbied for accurate and representative diagnosis and treatment of those affected by complex trauma. For three decades, the Trauma Center's research program has spearheaded national efforts to develop, test, refine and disseminate innovative, mind-body treatments and services for this often-overlooked population of traumatized children and adults. The capacity to carry out this essential work has always hovered precariously at the fringes of federal and foundation funding priorities. Establishment of the first non-University based, complex trauma-focused, clinical research-driven chaired research directorship will be a transformative step in changing the limits and terms by which such work will be carried out. Specifically, establishment of the van der Kolk Chair through the Trauma Center at Justice Resource Institute will ensure that applied clinical research dedicated to understanding and improving the lives of individuals and families impacted by complex trauma will persevere into perpetuity, and thereby transcend the vagueries of research funding mechanisms and cycles.

Early next year, we will send out more information about the drive to endow the van der Kolk Research Chair. Your generosity helps us to continue our efforts at systemic change nationally, as well as to provide care to families in our community. We hope you can help us in the continuing development of our Center and give generously to support the work that we do!

Sincerely yours,



Joseph Spinazzola, Ph.D.
Executive Director



Alexandra Cook, Ph.D.
Associate Director

The Trauma Center Mission Statement

Our mission is to help individuals, families and communities that have been impacted by trauma and adversity to re-establish a sense of safety and predictability in the world, and to provide them with state-of-the-art therapeutic care as they reclaim, rebuild and renew their lives.

2011 Key Accomplishments

- ◆ Initiation of the national multi-site (Massachusetts, Hartford, New York City, Philadelphia, Chicago, Houston, Western Michigan and Anchorage) diagnostic field trial, led by the Developmental Trauma Taskforce, a national expert team dedicated to establishing a complex childhood trauma diagnosis for DSM-V.
- ◆ Publication of the SMART (Sensory Motor Arousal Regulation Treatment) manual by Elizabeth Warner, Alexandra Cook, Anne Westcott, and Jane Koomar, designed to use sensory motor techniques to address dysregulation in traumatized children and adolescents.
- ◆ Publication of Trauma-Informed Yoga book written by Elizabeth Hopper and David Emerson and published by North Atlantic Press.

2012 Key Goals

- ◆ To establish the van der Kolk Research Chaired Position by raising \$300,00 through the 30th Anniversary corporate and community-based campaign to grow the Trauma Center's Catherine Jacobus Endowment Fund.
- ◆ To disseminate the findings about Developmental Trauma Disorder collected in the multi-site diagnostic field trial.
- ◆ To apply emerging findings from our research program toward establishment of a professional neurofeedback practice at our clinic, dedicated to increasing the innate self-regulatory capacities of traumatized adults and children and eliminate over-reliance upon costly and potentially dangerous psychotropic medications.

Yes! I support the *Trauma Center at JRI* 2011 - 2012 Annual Fund Campaign.

Enclosed is my tax-deductible contribution payable to "*The Trauma Center at JRI.*"

\$100.00 \$250.00 \$500.00 \$1,000.00 OTHER \$ _____

Catherine Jacobus Endowment Fund— *Will be MATCHED* Other TC programs

Name: _____

Address: _____

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Please send me more information about *The Trauma Center at JRI.*

Please direct inquires to: 617-232-1303 x 201; Email: lfallontowne@traumacenter.org

Please mail check or money order to:

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