



*Justice Resource Institute*

jri.org

THE  
**MEADOWS**®

CONFIDENTIAL & CARING TREATMENT

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## 19th Annual International Trauma Conference

# PSYCHOLOGICAL TRAUMA:

Neuroscience, Attachment  
and Therapeutic Interventions

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June 25-28, 2008

Seaport World Trade Center  
Boston, Massachusetts

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**CONFERENCE DIRECTOR:**

Bessel A. van der Kolk, MD,

Medical Director, Trauma Center at Justice Resource Institute;  
Professor of Psychiatry, Boston University School of Medicine

### PRE-CONFERENCE INSTITUTES

Wednesday, June 25, 2008  
(two-day pre-conference)

*Please note this pre-conference runs TWO DAYS:  
Wednesday, June 25, and Thursday, June 26.*

**Workshop I** Yoga and the Traumatized Relation to the Body:  
An Experiential Training for Clinicians and Other Health Care  
Providers Working with Traumatized Clients

### PRE-CONFERENCE INSTITUTES

Thursday, June 26, 2008  
(one-day pre-conference)

*Each pre-conference workshop meets all day Thursday, June 26.  
Please choose Workshop II, III, IV, V, VI or VII on the registration form.*

**Workshop I** Continued (see above)

**Workshop II** Trauma: Mind and Brain – An Exploration of the Implications  
of Neuroscience Research for Clinical Practice

**Workshop III** Affect Regulation, Attachment and Trauma

**Workshop IV** Our Bodies Know the Way Forward: Two Focusing-oriented  
Approaches to Trauma

**Workshop V** Transforming Attachment Relationships

**Workshop VI** The Transforming Power of Play in Complex Trauma Intervention

**Workshop VII** Rainbowdance©

Pre-conference workshop I meets all day, Wednesday, June 25, and Thursday, June 26.

Pre-conference workshops II, III, IV, V, VI and VII meet all day Thursday, June 26.

Please choose Workshop I, II, III, IV, V, VI or VII on the registration form.

#### WORKSHOP I:

(This workshop meets two days – Weds., June 25, and Thurs., June 26.)

**Schedule for both days:**

Registration 8:30 - 9:00 a.m.

Program 9:00 - 4:00 p.m.

Lunch (on your own) 12:30 - 1:30 p.m.

#### **Yoga and the Traumatized Relation to the Body: An Experiential Training for Clinicians and Other Health Care Providers Working with Traumatized Clients**

Dave Emerson, RYT • Jodi Carey • Dana Moore, MAR, MA •  
Bessel van der Kolk, MD

Yoga is an ancient practice that combines physical movement and posture with special attention to breath. For the past four years, the Trauma Center at JRI has conducted some first-of-its-kind research into how hatha yoga affects common symptomatology of PTSD. We have been able to show that yoga affects core physiology. In this two-day, 12-hour training, clinicians will learn yoga techniques that can be introduced into typical one-on-one therapy or a small-group session. We will present a range of simple practices, from seated breathing to gentle bending and twisting, which will give the clinician or health care provider a new set of tools to address some fundamental and persistent symptoms of PTSD, such as feeling overwhelmed by sensation, disembodied, dissociated, or powerless. Enrollment in this workshop will be limited to 75 participants.

#### WORKSHOP II:

#### **Trauma: Mind and Brain – An Exploration of the Implications of Neuroscience Research for Clinical Practice**

Ruth Lanius, MD • James Hopper, PhD • Paul Frewen, PhD •  
Mohammed Milad, PhD • Bessel van der Kolk, MD •  
Alexander C. McFarlane, MD • Jaak Panksepp, PhD

Acute and chronic exposure to extreme stress affects brain structure and function. Understanding these changes can help us effectively treat traumatized individuals. This workshop, led by active clinician-researchers, will examine how trauma may cause people to react to sensory information with subcortically initiated responses that are irrelevant and often harmful. Reminders activate brain regions that support intense emotions, while decreasing (a) activation in the CNS regions involved in the organization of the integration of sensory input with motor output, (b) the inhibition of emotional expression, and (c) the translation of experience into communicable language. Traumatized individuals seem to lose touch with themselves and the world around them; failures of attention and memory interfere with the ability to fully engage in the present. Neuroscience research supports the notion that effective treatment needs to involve (1) learning to have feelings and sensations through mindfulness and interoception, (2) learning to modulate arousal, and (3) learning that, after confrontation with physical helplessness, it is essential to re-engage in taking effective action. This workshop will present basic data from neuroscience studies and present clinical applications of this research, with videotaped interventions.

#### WORKSHOP III:

#### **Affect Regulation, Attachment and Trauma**

Pat Ogden, PhD • Janina Fisher, PhD

In the field of traumatic stress treatment, little attention is paid to dysregulation secondary to specific traumatic events, versus those that result from disturbed attachment relationships. This experiential workshop will differentiate body-oriented therapeutic techniques that address trauma-related dysregulation from techniques that address the strong emotions, cognitive distortions and intimacy issues associated with attachment disturbances. This workshop also will explore the nature of procedural learning, adaptive intimacy, and the regulatory boundaries of arousal tolerance.

#### WORKSHOP IV:

#### **Our Bodies Know the Way Forward: Two Focusing-oriented Approaches to Trauma**

Rob Parker, PhD • Nina Joy Lawrence, MS • Patricia Omidian, PhD  
When we are stuck, our bodies often “know” a way forward. Focusing is a way to access this knowing. This workshop will discuss how and why Focusing works and then explore two Focusing-oriented approaches to healing trauma: first in individual trauma treatment, and then in community-based Focusing programs in Afghanistan and Pakistan.

#### WORKSHOP V:

#### **Transforming Attachment Relationships**

Kari Gleiser, PhD • Mark Schwartz, ScD

Building on the work of Main, Fonagy, Beebe, Stern and others, this workshop will explore distorted internal working models of complex trauma survivors, focusing particularly on clients with eating disorders and dissociative symptomatology. We will show how specific relational interventions can restructure attachment, starting with the therapeutic relationship, then extending to intra-relational dynamics between self-states, and finally interpersonal relationships in general. This workshop will use videotaped segments of actual therapy sessions, along with theoretical and scientific research data on attachment and relational interventions.

#### WORKSHOP VI:

#### **The Transforming Power of Play in Complex Trauma Intervention**

Steven Gross, MSW • Joseph Spinazzola, PhD • Jesse Howes, MA •  
Anthony Toombs • Ron Jones

In this interactive workshop, participants will be immersed in the use of cooperative play and improvisational theater as vehicles of change in the treatment of complex trauma. While the focus of this workshop will be on the application of these techniques in group-based interventions with children and adolescents in milieu, residential, community and outpatient settings, instructors will touch upon adaptations for adult treatment and individual psychotherapy, where applicable. Therapeutic domains to be targeted for enhancement include: (1) trust and team building; (2) somatic and affect regulation; (3) attunement; (4) executive function; (5) creativity and self-expression; and (6) confronting and overcoming challenge and threat. Enrollment in this workshop will be limited to 40 practicing child service providers eager to engage in a high-energy day of experiential learning. Athletic shoes and loose, comfortable clothing are required.

#### WORKSHOP VII:

#### **Rainbowdance® – Reclaiming Voice: A Dance/Movement Therapy Intervention Increasing Synchrony and Healthy Attachment with Children of Varied Neurological and Social Impairments**

Dicky Johnson Macy, M.Ed, LMHC, ADTR • Robert Macy, PhD

As the number of able and neurologically disabled infants and toddlers attending full-time day care programs increases, the opportunity for dyadic relationship building decreases. The dyadic relationship provides the blueprint for future relationships and is the foundation for attachment, the initial experience of security. Rainbowdance®, a clinical group intervention, encourages – through the repetition of integrated gesture, vibrational tones and movement – the experience of collective harmony, self-esteem, and self-regulation. Presenters will use lecture, slides, film, and interactive audience demonstrations to demonstrate how Rainbowdance® can be implemented, as participants experience its core intervention components. Enrollment in this workshop will be limited to 75 participants.

**COURSE DESCRIPTION**

The study of psychological trauma has been accompanied by an explosion of knowledge about how experience shapes the central nervous system and the formation of the self. Developments in the neurosciences, developmental psychopathology, and information processing have contributed to our understanding of how brain function is shaped by experience, and the belief that life itself can continually transform perception and biology. Within the disciplines of psychiatry and psychology, the study of trauma has probably been the single most fertile area in developing a deeper understanding of the relationship among the emotional, cognitive, social, and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming experiences in childhood, this endeavor has elucidated how certain experiences can “set” psychological expectations and biological selectivity.

We have learned that most experience is automatically processed on a subcortical level, i.e., by “unconscious” interpretations that take place outside of awareness. Insight and understanding have only a limited influence on the operation of these subcortical processes. When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on understanding and cognition.

**OBJECTIVE**

The objective of this course is to present current research findings on how people’s brains, minds, and bodies respond to traumatic experiences, how they regulate emotional and behavioral responses, and the role of relationships in protecting and restoring safety and regulation.

We will explore post-traumatic responses at different developmental levels, as well as the treatment implications of these findings. We also will explore how affect regulation and the interpretation of innocuous stimuli as threats require interventions aimed at restoring active mastery and the capacity to focus on the present. Traumatic memories often are dissociated and may be inaccessible to verbal recall or processing. Therefore, close attention must be paid to the development of inner resources to deal with dysregulation and helplessness, as well as the careful timing of the exploration and processing of the traumatic past.

In closing, the course will examine cutting-edge treatment interventions for various trauma-based symptoms.

**A Perfect Waterfront Location**

The Seaport World Trade Center is located on Boston Harbor, a beautiful place for a conference/short vacation in the spring and early summer. With an abundance of sun and temperatures in the low 70s, the harbor is one of Boston’s best-kept secrets this time of year.

Located within easy walking distance of the Silver Line subway, the hotel offers convenient access to all of Boston’s sites and visitor attractions.



**CONFERENCE LOCATION**  
Seaport World Trade Center

**CONFERENCE HOTEL**  
The Seaport Hotel (adjacent to the World Trade Center)  
One Seaport Lane  
Boston, MA 02210  
877-732-7678  
[seaportboston.com](http://seaportboston.com)

**RESERVATIONS**  
The conference attendee rate is \$209 per night. Reservations can be made directly with the hotel; call toll-free 1-877-SEAPORT. Please mention that you are attending the Trauma Conference.

**PARKING**  
Available at the Seaport Garage; event day rate parking is \$18.

**TRANSPORTATION**  
Air travelers can reach the Seaport by taxi in less than 10 minutes from Logan International Airport.

**MASS TRANSIT**  
Traveling on the T: Take the Silver Line to the World Trade Center stop. You also can take the Silver Line from the airport to the WTC stop. Detailed information can be found at [mbta.com](http://mbta.com).



# Friday

FRIDAY, JUNE 27, 2008

- 7:45 – 8:15 a.m.** Registration
- 8:15 – 8:30 a.m.** **Introduction**  
*Bessel A. van der Kolk, MD • Joseph Spinazzola, PhD*
- 8:30 – 9:30 a.m.** **Meaning Making and the Formation of Relationships**  
*Ed Tronick, PhD*
- 9:30 – 10:45 a.m.** **The Neuroscience of Trauma and Primary-process Emotionality: Toward New Affective Balance Therapies**  
*Jaak Panksepp, PhD*
- 10:45 – 11:00 a.m.** Coffee Break
- 11:00 – 12:00 p.m.** **The Brain That Changes Itself: Neuroplasticity and the Therapeutic Process**  
*Norman Doidge, MD*
- 12:00 – 12:30 p.m.** Panel Discussion & Questions
- 12:30 – 1:15 p.m.** Lunch (*On Your Own*)
- 1:15 – 2:30 p.m.** **Reconditioning Traumatized Minds and Brains: Parallels Between Neuroscience and Buddhism**  
*James Hopper, PhD*
- 2:30 – 2:45 p.m.** Presentation of the Edward M. Kennedy Unsung Hero Award
- 2:45 – 3:10 p.m.** Coffee Break
- 3:10 – 5:15 p.m.** **Afternoon Workshops** (*please choose one – see below*)
- 5:15 – 6:15 p.m.** Formal Poster Session/Social Hour

## FRIDAY-AFTERNOON WORKSHOPS

*Sign up for afternoon workshops on the day of the conference.*

**Home from the War – Lessons from Two Generations of Combat Soldiers, Part I**  
*Rev. William J. Donoghue • Scott Wakefield • Sgt. Michael Fletcher*

**Group Intervention and “Debriefing” in Immediate Trauma: The Great Debate**  
*Ilan Kutz, MD*

**Trauma with the Challenge of Substance Abuse in Traumatized Clients**  
*Janina Fisher, PhD*

**Dealing with Attachment Issues in the Treatment of Traumatized Adult Patients**  
*Fran Grossman, PhD*

**Art Therapy, Drama Therapy, and Group Process as a Response to Trauma**  
*Ashley Dorr, MA, ATR-BC, LCAT • Emily Nash, LCAT • Stephanie Wise, MA, ATR\_BC, LCAT, BCPC*

**Acupressure for Emotional Regulation: Integrating Energy Psychology into the Treatment of Trauma**  
*Mary T. Sise, LCSW*

**Dealing with Human Trafficking – Crisis Mental Health Services for Survivors of Slavery and Sexual and Labor Exploitation**  
*Elizabeth Hopper, PhD • Michelle Contreras, MA*

**In the Here and Now with Traumatized Children: Expanding our Therapeutic Lens with Preverbal, Sensorimotor Processing**  
*Elizabeth Warner, PsyD • Anne Westcott, LICSW • Jane Koomar, PhD, OTR/L, FOATA*

# Saturday

SATURDAY, JUNE 28, 2008

- 8:00 – 8:30 a.m.** Registration
- 8:30 – 10:00 a.m.** **The Longitudinal Effects of Childhood Sexual Abuse Over Three Generations: Implications for Treatment and Intervention**  
*Frank Putnam, MD*
- 10:00 – 10:20 a.m.** Coffee Break
- 10:20 – 11:30 a.m.** **Wired to Heal: The Birth of Transformance**  
*Diana Fosha, PhD*
- 11:30 – 12:15 p.m.** **Implementing Trauma-focused Work in Institutional Settings**  
*Julian Ford, PhD*
- 12:15 – 12:30 p.m.** Panel Discussion & Questions
- 12:30 – 1:40 p.m.** Lunch (*On Your Own*)
- 1:40 – 3:15 p.m.** **Afternoon Workshops** (*please choose one – see below*)
- 3:15 – 3:30 p.m.** Coffee Break
- 3:30 – 4:30 p.m.** **Face-to-Face with the Real Evidence: Trauma Survivors Chronicle Their Road to Recovery**  
*Bessel A. van der Kolk, MD, and Collaborators*
- 4:30 – 5:00 p.m.** **Informal Sharing and Closing**  
*Faculty and Participants*

## SATURDAY-AFTERNOON WORKSHOPS

*Sign up for afternoon workshops on the day of the conference.*

**Home from the War – Lessons from Two Generations of Combat Soldiers, Part II**  
*Rev. William J. Donoghue • Scott Wakefield • Sgt. Michael Fletcher*

**Psychopharmacological Interventions with Traumatized Children and Adults**  
*Jose Hidalgo, MD • Frank Anderson Guastella, MD*

**Update on the Clinical Work with EMDR**  
*Deborah L. Korn, PsyD*

**The Healing Vortex: How to Work with Transformational Processes in AEDP – A Workshop with Clinical Videotapes**  
*Diana Fosha, PhD*

**EEG Neurofeedback: Entraining Attentional and Focusing Systems in Traumatized Clients**  
*Sebern Fisher*

**Unifying Body and Mind in Conventional Talk Therapy Using Sensorimotor Techniques**  
*Pat Ogden, PhD • Clare Pain, MD, MSc, FRCPC*

**EMDR in Acute Stress Syndromes**  
Single-session abridged EMDR protocol for single-event trauma victims: Lessons from terror victims and general hospital. Video training, movies and live demonstrations.  
*Ilan Kutz, MD*

# Faculty

## **Frank Guastella Anderson, MD**

Supervising Psychiatrist, Trauma Center at Justice Resource Institute.

## **Jodi Carey**

Jodi Carey has been practicing and teaching yoga for the past seven years, recently engaging herself in the research and study of how the emotional body can be accessed through physical movement and awareness.

## **Michelle Contreras, MA**

Project Coordinator, Project Reach.

## **Norman Doidge, MD**

Research Faculty, Columbia University Center for Psychoanalytic Training and Research, New York; University of Toronto's Department of Psychiatry. Dr. Doidge has won four National Magazine Gold Awards. *The Brain That Changes Itself* was named one of the top science books of 2007 by *Slate Magazine*, *The Globe and Mail*, and *The National Post*. Awarded the National Alliance on Mental Illness (NAMI) 2008 Ken Book Award "for an outstanding literary contribution toward a better understanding of mental illness."

## **Rev. William J. Donoghue**

Rev. William J. Donoghue served for four years as a Navy Corpsman and 27 years as pastor to two Congregational Churches in New Hampshire. With Scott Wakefield, Bill has worked with 1,300 soldiers who returned to New Hampshire from Iraq and Afghanistan.

## **Ashley Dorr, MA, ATR-BC, LCAT**

Senior Counselor/Art Therapist for The Door, A Center of Alternatives in New York City.

## **David Emerson, RYT**

Yoga Instructor; President, Black Lotus Yoga Studio; Director, Trauma Center Yoga Project.

## **Janina Fisher, PhD**

Instructor and Supervisor, Trauma Center at Justice Resource Institute; Past President, New England Society for the Treatment of Trauma and Dissociation.

## **Sebern Fisher**

Sebern Fisher, a psychotherapist, incorporates neurofeedback into her clinical practice. Past Clinical Director of a residential treatment center for severely disturbed adolescents.

## **Sgt. Michael Fletcher**

Sgt. Michael Fletcher served six years in the Marine Corps, and the last seven years in the NH Army National Guard as a helicopter crew chief. In 2005 Mike served with the 1159th Medical Evacuation Unit out of Tal Afar, Iraq.

## **Julian Ford, PhD**

Associate Professor of Psychiatry at the University of Connecticut School of Medicine and Director of the Center for Trauma Response Recovery and Preparedness (ctrp.org). Dr. Ford developed the TARGET treatment model (traumasolutions.net) for adult, adolescent, and child traumatic stress disorders, and he conducts research on psychotherapy and family therapy.

## **Diana Fosha, PhD**

Director of the Accelerated Experiential Dynamic Psychotherapy (AEDP) Institute (aedpinstitute.com), author of *The Transforming Power of Affect* and co-editor of *The Healing Power of Emotion*.

## **Paul Frewen, PhD**

Pre-doctorate in clinical psychology at the University of Western Ontario, Royal Ottawa Health Care Group.

## **Kari Gleiser, PhD**

Senior faculty member at the AEDP Institute and supervisor/trainer at Trauma Center. Dr. Gleiser specializes in applying Accelerated Experiential Dynamic Psychotherapy to the treatment of complex trauma and dissociative disorders.

## **Steven Gross, MSW**

Founder and Director of Playmaking, Project Joy.

## **Fran Grossman, PhD**

Professor Emeritus, Boston University Department of Psychology; Senior Supervisor, Trauma Center at Justice Resource Institute.

## **Jose Hidalgo, MD**

Psychiatrist, Trauma Center at Justice Resource Institute; Director, Human Trafficking Program.

## **Elizabeth Hopper, PhD**

Program Director, Project Reach; Associate Director of Training, Trauma Center at Justice Resource Institute.

## **Jim Hopper, PhD**

Research Associate, McLean Hospital, Harvard Medical School; Researcher of psychophysiology, memory, and executive functions in PTSD. Dr. Hopper has also studied addiction and the neurocircuitry of craving, seeking, and reward. He is a 20-year practitioner in the vipassana and Tibetan traditions.

## **Jesse Howes, MA**

Program Director, Project Joy.

## **Ron Jones**

Actor and improvisation instructor.

## **Jane Koomar, PhD, OTR/L, FAOTA**

Executive Director, Occupational Therapy Associates, Watertown, P.C. Past Chairperson, Sensory Integration Special Interest Section of the American Occupational Therapy Association.

## **Debbie L. Korn, PsyD**

EMDR Facilitator and Instructor with the EMDR Institute. Editorial Board, *Journal of EMDR Practice and Research*.

## **Ilan Kutz, MD**

Director of Psychiatric Services, Meir General Hospital, Sackler School of Medicine, Tel Aviv University. Past Co-director of the Mind Body Clinic at Harvard Medical School. Dr. Kutz's phase-oriented diagnostic and intervention model has been adopted by the Israeli Ministry of Health.

## **Ruth Lanius, MD**

Professor, Department of Psychiatry, University of Western Ontario, Canada. Physician Leader, Traumatic Stress Service, London Health Sciences Center. Pioneer in neuroimaging studies of patients with PTSD and dissociative disorders.

## **Nina Joy Lawrence, MS**

International Certifying Coordinator for the Focusing Institute, New York. Nina Joy teaches Focusing in Afghanistan, Pakistan, and the U.S., and she is working with Dr. Patricia Omidian to develop community-based Focusing programs in Pakistan and Afghanistan.

## **Sarah Lazar, PhD**

Assistant Professor, Massachusetts General Hospital. Dr. Lazar's primary focus is on the neural underpinnings of meditation and its salubrious effects on health. She is a board member of the Institute for Meditation and Psychotherapy.

## **Robert Macy, PhD**

Director of Community Services, Trauma Center at Justice Resource Institute; Executive Director, Center for Trauma Recovery, Classroom-based Interventions (CBI). Dr. Macy has worked with traumatized children and adults in Boston, Gaza, Turkey, Nepal, Aceh, Uganda, Sri Lanka, and Palestine.

## **Dicki Johnson Macy, M.Ed, LMHC, ADTR**

Creative Director for the Center for Trauma Psychology. Pioneer in dance-movement and music therapy for preschool and elementary children and their mothers who have been exposed to armed conflict, community violence, and severe psychological trauma.

## **Alexander C. McFarlane, MD**

Professor of Psychiatry, University of Adelaide; author of more than 200 research articles on traumatic stress; major neuroimaging researcher in PTSD; and co-author of *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society*.

## **Mohammed R. Milad, MD**

Instructor, Department of Psychiatry at Harvard Medical School and Massachusetts General Hospital. Dr. Milad's work focuses on the neural circuits of fear extinction, specifically, the role of the ventromedial prefrontal cortex and the hippocampus in the recall of context-gated extinction recall.

## **Dana Moore, MAR, MA**

Dana is a staff member of the Trauma Center Yoga Program and is directing a clinical mindfulness program for The Meadows. Dana is an oblate of the Pecos Benedictine Monastery.

## **Emily Nash, LCAT**

Artistic Director and Director of Training and Supervision for Creative Alternatives of New York. Emily is the co-founder, along with Dr. Robert Landy, of The Institute for Drama Therapy.

## **Pat Ogden, PhD**

Founder and Director, Sensorimotor Psychotherapy Institute, Boulder, Colorado; Faculty, Naropa University. Author of *Trauma and the Body: A Sensorimotor Approach to Psychotherapy*.

# Poster Submission and Student Submission Contest

## Patricia Omidian, PhD

Medical Anthropologist and Certified Focusing Trainer with 17 years' experience with the Afghan community. She and Nina Joy Lawrence are working in Afghanistan to develop a Focusing teaching approach based in Islamic traditions.

## Clare Pain, MD, MSc, FRCPC

Assistant Professor, Department of Psychiatry, University of Toronto, and Director of the Psychological Trauma Program at Mount Sinai Hospital. Dr. Pain is also Co-project Director of the Toronto Addis Ababa Psychiatry Project (TAAPP).

## Jaak Panksepp, PhD

Professor and Baily Endowed Chair of Animal Well-Being Science, College of Veterinary Medicine, Washington State University; Head of Affective Neuroscience Research at the Falk Center for Molecular Therapeutics at Northwestern University. Dr. Panksepp is the author of more than 300 papers devoted to the study of basic emotional and motivational processes of the mammalian brain. He is the author of *Affective Neuroscience* and *Textbook of Biological Psychiatry*.

## Rob Parker, PhD

Psychologist in private practice and Certified Focusing Trainer. Before that, Dr. Parker was Project Coordinator of the Trauma and Abuse Program at Rockland Children's Psychiatric Center, and Clinical Director of the NewDirections Program at Children's Village.

## Frank Putnam, MD

Dr. Putnam is Professor of Pediatrics and Child Psychiatry and Director of the Center for Safe and Healthy Children at Cincinnati Children's Hospital. He has been involved in the field of child maltreatment for more than 25 years.

## Mark Schwartz, ScD

Co-founder and Co-clinical Director of Castlewood Treatment Center for eating disorders in St. Louis, Missouri. Past Clinical Co-director of the Masters and Johnson Institute. Adjunct Professor in the departments of psychiatry and obstetrics at St. Louis University School of Medicine.

## Joseph Spinazzola, PhD

Executive Director, Trauma Center at Justice Resource Institute. Associate Director for Research and Site Coordinator, Trauma Center Community Practice Site, National Center for Child Traumatic Stress.

## Anthony Toombs

Community Playmaker, Project Joy.

## Ed Tronick, PhD

Associate Professor of Pediatrics and Psychiatry, Harvard Medical School; Chief, Child Development Unit, Children's Hospital. Dr. Tronick has carried out research in Zaire, Peru, and India on child rearing and development. He is the author of *The Neurobehavioral and Social Emotional Development of Infants and Children* (Norton Series on Interpersonal Neurobiology).

## Mary T. Sise, LCSW

Mary teaches nationally and internationally on integrating energy psychology into the treatment of trauma; she is the past president of the Association for Comprehensive Energy Psychology (ACEP). She also is the author of *The Energy of Belief: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs*.

## Bessel A. van der Kolk, MD

Medical Director, Trauma Center. Professor of Psychiatry, Boston University School of Medicine. Director, Boston Community Practice Site, National Child Traumatic Stress Network. Author of *Psychological Trauma* and *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society*.

## Scott Wakefield, U.S. Army, Lt. Col. (ret.)

After completing more than 30 years of service in the U.S. Army, Dr. Wakefield acquired a PhD in Human Development. With Bill Donoghue, he runs a three-day re-integration program for the NH Army/Air National Guard for soldiers returning from war zones.

## Elizabeth Warner, PsyD

Senior Supervisor, Trauma Center at Justice Resource Institute. Dr. Warner spent 15 years working with severely disordered children, including traumatized children and their parents.

## Anne Westcott, LICSW

Anne is a psychotherapist and supervisor, Trauma Center at Justice Resource Institute.

## Stephanie Wise, MA, ATR\_BC, LCAT, BCPC

Acting Director of the Art Therapy Program at Marywood University.

The Trauma Center is pleased to offer its poster submission and student submission contest. This year, Trauma Center is accepting research posters from graduate students, interns, post-doctoral fellows, and junior investigators. Also welcome are poster submissions from more senior clinical practitioners describing assessment approaches, treatment frameworks, and program models. Practicing clinicians using the arts/expressive arts in their work with traumatized clients who are interested in representing their work in a poster display should include one or more jpeg pictures depicting the products they are developing with their clients. Developers of innovative trauma services and interventions who are interested in showcasing their intervention/treatment/assessment models also are welcome.

Selected posters will be prominently featured on day two of the conference, with a formal poster session beginning at 5 p.m. Posters will be displayed on 6- x 2-foot flat/horizontal tables. Proposals that relate to this year's primary conference themes (neuroscience, attachment, and/or therapeutic interventions) will receive special consideration. In addition, all student, intern and fellow submissions will automatically be entered into a poster competition, with special prizes (medals and cash) awarded to the three strongest submissions. Prizes will be awarded during the evening poster session/social hour.

Proposals should be no more than 200 words in length, excluding proposal title, author names, author affiliations and contact information (email/phone) of the lead author. Submissions should be submitted electronically to the attention of Dr. Joseph Spinazzola, PhD, by May 1, 2008: [jspinazzola@traumacenter.org](mailto:jspinazzola@traumacenter.org). All applicants must be registered for the conference by the time proposals are reviewed. Applicants will be notified electronically of acceptance by May 15.

## ACCREDITATION

The Meadows is approved by the following boards to offering continuing education. NAADAC Approved Provider, Provider # 000217. The Meadows is recognized by the National Board for Certified Counselors to offer continuing education, Provider # 5687. Course meets qualification for continuing education credit for MFTs and/or LCSW as required by the California Board of Behavioral Sciences, Provider # 2645. Provider Approved by CAADAC, Provider # OS-03-960-0809. Provider Approved by CADE, Provider # CP30 730 C 0710. MFT for the State of Illinois, Provider # 168-000155. LCSW/LSW for the State of Illinois, Provider # 159-000839. Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling, Provider #50-2933-1. Florida Board of Psychology, Provider # 50-2933-1. Texas State Board of MFT Approved. MSW for the State of Texas, Provider # CS2462.

"The Justice Resource Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Justice Resource Institute maintains responsibility for this program and its content."

Pre-conference Workshop I meets criteria for 12 credit hours; Pre-conference Workshops II through VII meet criteria for 7 credit hours each. The Psychological Trauma Conference meets criteria for 13.5 credit hours, and the combined program meets criteria for 20.5 hours. The combined program with Workshop I meets criteria for 25.5 credit hours.

# Registration

Please complete the form below or register online at [themeadows.com](http://themeadows.com)

COURSE	FULL PRICE	EARLY REGISTRATION 30 DAYS PRIOR	RESIDENTS, FELLOWS IN TRAINING, FULL-TIME STUDENTS
Workshop I Only (refer to page 2) June 25-26, 2008	<input type="checkbox"/> \$260	<input type="checkbox"/> \$225	<input type="checkbox"/> \$205**
Workshop I (refer to page 2) and Psychological Trauma Conference June 25-28, 2008	<input type="checkbox"/> \$490	<input type="checkbox"/> \$455	<input type="checkbox"/> \$355**
Pre-conference Institute* Only June 26, 2008	<input type="checkbox"/> \$185	<input type="checkbox"/> \$150	<input type="checkbox"/> \$130**
<i>*Choose Workshop (refer to page 2):</i>	<input type="checkbox"/> II <input type="checkbox"/> III	<input type="checkbox"/> IV <input type="checkbox"/> V	<input type="checkbox"/> VI <input type="checkbox"/> VII
Pre-conference Institute* and Psychological Trauma Conference June 26-28, 2008	<input type="checkbox"/> \$415	<input type="checkbox"/> \$390	<input type="checkbox"/> \$280**
<i>*Choose Workshop (refer to page 2):</i>	<input type="checkbox"/> II <input type="checkbox"/> III	<input type="checkbox"/> IV <input type="checkbox"/> V	<input type="checkbox"/> VI <input type="checkbox"/> VII
Psychological Trauma Conference Only FRIDAY & SATURDAY, June 27-28, 2008	<input type="checkbox"/> \$305	<input type="checkbox"/> \$280	<input type="checkbox"/> \$200**

\*\* Letter of verification is required from your training program; fax to 928-684-7821 or email to [events@themeadows.com](mailto:events@themeadows.com)

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

## Method of Payment:

Please include payment to ensure registration. You will receive a confirmation letter by mail or email if registering online; receipt of payment will be given at the event.

Check enclosed in the amount of:

\$ \_\_\_\_\_  
(Make checks payable to The Meadows.)

Charge \$ \_\_\_\_\_

to my  Visa  MC

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ \*Credit Card Security # \_\_\_\_\_

Signature \_\_\_\_\_

\* The credit card security number is the last three digits located on the back of your credit card.

RSVP at least one week prior to event.

## GENERAL INFORMATION

### Send to:

ATTN: Registration Desk  
MAIL: The Meadows  
553 W. Wickenburg Way  
Wickenburg, AZ 85390  
PHONE: 800-240-5522  
FAX: 928-684-7821 (secured fax)  
EMAIL: [events@themeadows.com](mailto:events@themeadows.com)

For FAST registration, register online at:  
**[themeadows.com](http://themeadows.com)**

**Refund Policy:** An administrative fee of \$60 is deducted for cancellation. Refund requests must be made in writing to The Meadows, 553 W. Wickenburg Way, Wickenburg, AZ 85390, fax: 928-684-7821, or email: [events@themeadows.com](mailto:events@themeadows.com); requests must be postmarked by June 6, 2008. No refunds will be made thereafter.

**Special Accommodations:** If you need any accommodation for a disability, please call 800-240-5522 no later than three weeks prior to the course.

**Course Location and Hotel Accommodations:** The conference will be held at the Seaport World Trade Center. A limited number of rooms have been reserved at the Seaport Hotel until May 26, 2008, at a discounted rate for conference attendees. Call 877-SEAPORT for reservations. Please tell the hotel you are with the Trauma Conference.