

Trauma Informed Caregiving

Workshop Series

Workshop 1: Understanding Trauma

Contact: Alyssa Brelsford, LICSW at 617-232-1303x2038 or abrelsford@jri.org

When: Tuesday October 15th, 12:00pm-1:15pm

Location: The Trauma Center, 1269 Beacon Street, Brookline MA 02446

This series is based in the ARC Reflections curriculum, “a resilience-based comprehensive framework for interventions with children and teens exposed to complex trauma. This is an adaptation of ARC and is a collaboration between Annie E. Casey Foundation and the Justice Resource Institute.”



Join us for our first workshop in the Trauma Informed Caregiving Series! Registration is required and free of charge.

*To register please email or call Alyssa Brelsford, abrelsford@jri.org, 617-232-1303 x2038

Workshop Series 1: Understanding Trauma

Description: This workshop will focus on identifying ways that trauma may impact a child’s development and the systems in which they interact. Additionally, we will explore ways that trauma may shape the lens for self, relationships and danger, and how trauma responses are designed to help provide protection and survival.

Future Workshop Series Dates:

2. Exploring Behavior and Effective Responses: Tuesday November 19th, 12:00pm-1:15pm
3. Getting In-Sync and Fostering Connection: Tuesday January 14th, 12:00pm-1:15pm
4. Understanding and Developing Identity Tuesday March 10th, 12:00pm-1:15pm
5. The Child and Family Journey: Tuesday May 12th, 12:00pm-1:15pm