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<http://www.traumacenter.org>

December 1, 2009

Dear Friend of the Trauma Center,

In a time of economic instability, the Trauma Center continues to be a secure base for its clients and the field of psychological trauma. Perhaps this is most evident in our being selected this September by the Substance Abuse and Mental Health Services Administration (SAMHSA) to create and oversee the Complex Trauma Treatment Network (CTTN) of the National Child Traumatic Stress Network (NCTSN). Through this Network within-a-network, we will work to transform the way large systems of care identify and respond to repeated and severe maltreatment and neglect in children and adolescents. We must keep advocating for those who are most vulnerable by providing quality service, by developing new treatments, and by disseminating what we have learned. Your generosity helps us to continue our efforts at systemic change nationally, as well as to provide care to families in our community. This year we are focusing our fundraising efforts on the following two areas.

Catherine Jacobus Endowment Fund

The Catherine Jacobus Endowment Fund was named in honor of someone who has overcome tremendous obstacles and who continues to speak her truth and contribute to improving the lives of those around her. Last year, the Trauma Center was able to contribute \$107,000 to the \$400,000 bringing our grand total to over \$500,000. We are pleased to announce that the Trauma Center will continue to be able to *match all gifts to the Catherine Jacobus Endowment Fund up to \$50,000, making your donation go twice as far*. The interest from the Endowment Fund is being used to seed new program initiatives at The Trauma Center.

Sensory Motor Arousal Regulation Treatment (SMART)

The SMART program was conceived of 1-1/2 years ago as a forum to explore how to use principles, tools, and techniques from the fields of Sensory Integration and Sensorimotor Psychotherapy to address the issue of arousal regulation in child trauma treatment. So often, children and their families come to us with out-of-control behavior and emotions that arise in response to the overwhelming experiences they have faced. Over the past year, we have been developing a methodology for studying how we can help these children and their families learn to calm themselves when they are feeling over-stimulated, as well as to get themselves out of a frozen state. Through the use of videotape, we have learned how different kinds of sensory and motor input (proprioceptive, vestibular, tactile, visual, and auditory) can be used to facilitate arousal regulation. We are beginning work on a manual of the skills and techniques we have learned so that they may be accessible to other professionals working with traumatized children and their families.

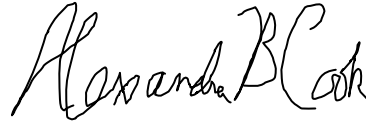
Continued =>

We hope you can help us in the continuing development of our Center and give generously to support the work that we do!

Sincerely yours,



Bessel A. van der Kolk, M.D.
Medical Director
Professor of Psychiatry, BUSM



Alexandra Cook, Ph.D.
Director of Development

Yes! I support The Trauma Center 2009 - 2010 Annual Fund Campaign.
Enclosed is my tax-deductible contribution payable to "The Trauma Center."

\$100.00 \$250.00 \$500.00 \$1000.00 OTHER \$ _____

Catherine Jacobus Endowment Fund– MATCHED SMART Other TC programs

Name: _____

Address: _____

Email: _____

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Please send me more information about The Trauma Center.

Please direct inquires to: The Trauma Center at JRI, 1269 Beacon St., Brookline, MA 02446

Phone: 617-232-1303 x 201; Email: lfallontowne@traumacenter.org

Please mail checks or money orders to:

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