Virtual Training for Clinicians Working with Military Families: The FOCUS Family Resilience Program

June 28, 2017
3:00 to 6:00 PM EST/ 12:00 to 3:00 PM PT

Meeting Information
Meeting Link: https://goo.gl/ik5QBi
Meeting Number: 805 774 373
Password: ucla

About the Speaker
Dr. William Saltzman, lead author of the FOCUS Family Resilience Enhancement Program, will conduct a live web training on June 28th to demonstrate core skills and activities from this innovative program. The intent is to provide participants with practical skills and tools that they may use to engage and customize treatment for families, gain traction with military couples and families, and build upon family strengths to enhance their resilience to past and current stressors.

The FOCUS Program is a brief trauma-focused, evidence-based intervention for families and couples contending with single or multiple trauma or loss events. It has been administered to over a million active-duty and veteran family members over the past eight years and has been implemented in a wide range of civilian community, medical, clinical and school settings. Research has repeatedly confirmed that participation in the program results in increases in family resilient processes that translate into significant reductions in parental or spousal anxiety, depression and PTSD and child social-emotional difficulties and increases in child pro-social behavior.

Description
The virtual training will be conducted in two parts each with a series of topics and video demonstrations. Participants are invited to join for both parts or to join for part one and view an archived version of part two online.

Part One
3:00 to 5:00 pm EST/ 12:00 to 2:00 PM PT
- Topics: A Family Approach to Trauma and Loss; Working with Military Families; and An Overview of FOCUS.
- Video Demonstrations: Engaging a Family and Customizing Treatment; and Eliciting a Family Trauma Narrative: A Parent Narrative Timeline and A Child Narrative Time-Map.

Part Two
5:00 to 6:00 PM ET/ 2:00 to 3:00 PM PT
- Topics: Engaging Children in a Playful Manner; and Research Findings.

This project is funded by the Substance Abuse & Mental Health Services Administration, US Department of Health & Human Services.