

Healing Through Dance

For Women and Men Trauma Survivors

Movement is the body's natural way to...

*create healing energy
notice and express emotions
connect to self and others.*



Drawing from cultures around the world, this group offers an opportunity through movement and music to safely explore what it feels like to create different movements and rhythms.

Where: The Trauma Center at JRI
1269 Beacon Street, Brookline

When: Thursdays 4:00 – 5:00 PM
January 5, 2010
Ten weeks



Contact: Janice at 617/232-1303, X 218 Or Wendy at 617/232-1303, X 209

This is a free care service for those who are eligible under the grant.

The mission of the Trauma Center at JRI is to help individuals, families and communities impacted by trauma and adversity to re-establish a sense of safety and predictability in the world, and to provide them with state-of-the-art therapeutic care as they reclaim, rebuild and renew their lives. The program described above is funded by the Massachusetts Office for Victim Assistance (MOVA) through the 1984 grant from the Office for Victims of Crime, Office of Justice Programs, and U.S. Department of Justice.

Janice
Group
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x218 or x209

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