

Just Released!

We are pleased to share news about the release of a new book, “Treating Adult Survivors of Childhood Emotional Abuse and Neglect: Component-Based Psychotherapy,” authored by Trauma Center at JRI staff member Elizabeth Hopper, supervisor Fran Grossman, and colleagues!

Grounded in 40 years of clinical practice and research, this book provides a systematic yet flexible evidence-informed framework for treating adult survivors of complex trauma, particularly those exposed to chronic emotional abuse or neglect. Component-based psychotherapy (CBP) addresses four primary treatment components that can be tailored to each client's unique needs—relationship, regulation, dissociative parts, and narrative. Vivid extended case examples illustrate CBP intervention strategies and bring to life both the client's and therapist's internal experiences. The appendix features a reproducible multipage clinician self-assessment tool that can be downloaded and printed in a convenient 8½" x 11" size.

“This excellent book is pivotal in helping therapists reach out to their traumatized clients’ profound sense of annihilation and facilitate healing from emotional abuse and neglect. The authors present a superb account of their treatment model, which masterfully integrates the key components of truly helpful psychotherapy. Reading the appealing, illuminating clinical examples is a great privilege. This volume is a 'must read' for novice and experienced therapists alike, as well as students.”

—Onno van der Hart, PhD, Department of Clinical and Health Psychology (Emeritus), Utrecht University, The Netherlands

For more information, go to Guilford.com or visit:

<https://www.amazon.com/Treating-Survivors-Childhood-Emotional-Neglect/dp/1462537294>