

SIDES Data Entry Sheets

Instructions

A. Translate raw scores from the SIDES into scores on this sheet by circling the appropriate choice, according to the following scoring system:

1. For all “Yes” and “No” answers on the SIDES, circle the same on this sheet. (For items 36-40, only one of the somatic symptom types must be circled for a “Yes.”)
2. For all scores of 0 or 1 or on the SIDES, circle 0 on this sheet.
3. For all scores of 2 or 3 on the SIDES, circle the same number on this sheet.
4. For all scores of “Not Applicable” on the SIDES, circle * on this sheet.

| | | | | | | | | | |
|--------------|---------|---------------|---------|----------------|---------|---------------|---------|---------------|---------|
| 1 | Yes No | 11 | Yes No | 21 | Yes No | 31 | Yes No | 41 | Yes No |
| I. a. | 0 2 3 * | I. e. | 0 2 3 * | II. b. | 0 2 3 * | IV. a. | 0 2 3 * | VI. a. | 0 2 3 * |
| 2 | Yes No | 12 | Yes No | 22 | Yes No | 32 | Yes No | 42 | Yes No |
| | 0 2 3 * | I. f. | 0 2 3 * | | 0 2 3 * | | 0 2 3 * | | 0 2 3 * |
| 3 | Yes No | 13 | Yes No | 23 | Yes No | 33 | Yes No | 43 | Yes No |
| | 0 2 3 * | | 0 2 3 * | | 0 2 3 * | | 0 2 3 * | | 0 2 3 * |
| 4 | Yes No | 14 | Yes No | 24 | Yes No | 34 | Yes No | 44 | Yes No |
| I. b. | 0 2 3 * | | 0 2 3 * | | 0 2 3 * | IV. b. | 0 2 3 * | VI. b. | 0 2 3 * |
| 5 | Yes No | 15 | Yes No | 25 | Yes No | 35 | Yes No | 45 | Yes No |
| | 0 2 3 * | | 0 2 3 * | III. a. | 0 2 3 * | IV. c. | 0 2 3 * | | 0 2 3 * |
| 6 | Yes No | 16 | Yes No | 26 | Yes No | 36 | Yes No | | |
| | 0 2 3 * | | 0 2 3 * | III. b. | 0 2 3 * | V. a. | 0 2 3 * | | |
| 7 | Yes No | 17 | Yes No | 27 | Yes No | 37 | Yes No | | |
| | 0 2 3 * | | 0 2 3 * | III. c. | 0 2 3 * | V. b. | 0 2 3 * | | |
| 8 | Yes No | 18 | Yes No | 28 | Yes No | 38 | Yes No | | |
| I. c. | 0 2 3 * | | 0 2 3 * | III. d. | 0 2 3 * | V. c. | 0 2 3 * | | |
| 9 | Yes No | 19 | Yes No | 29 | Yes No | 39 | Yes No | | |
| | 0 2 3 * | | 0 2 3 * | III. e. | 0 2 3 * | V. d. | 0 2 3 * | | |
| 10 | Yes No | 20 | Yes No | 30 | Yes No | 40 | Yes No | | |
| | 0 2 3 * | II. a. | 0 2 3 * | III. f. | 0 2 3 * | V. e. | 0 2 3 * | | |

B. Calculate Lifetime Presence and Current Severity scores from the data above for each subscale of each domain.

1. Calculate Lifetime Presence for each subscale according to the criteria listed below, and write “Yes” or “No” for each subscale:

2. Calculate Current Severity scores for each subscale by averaging scores for all *non-zero* items of each subscale (exclude N/A items from calculations):

For example, if a client endorses a “1” for Item #1, an N/A For Item #2, and a “2” for Item #3, they would receive an average item score of 2 divided by 1 = 2 for subscale I.a., as the “1” would be recoded as “0” and the N/A item dropped.

| | | | | |
|--------|---------------------|-------|------------------------|-------|
| I.a. | 2 of items 1-3 | _____ | average of items 1-3 | _____ |
| I.b. | 2 of items 4-7 | _____ | average of items 4-7 | _____ |
| I.c. | 1 of items 8-10 | _____ | average of items 8-10 | _____ |
| I.d. | item 11 | _____ | score for item 11 | _____ |
| I.e. | 1 of items 12-18 | _____ | average of items 12-18 | _____ |
| I.f. | item 19 | _____ | score for item 19 | _____ |
| II.a. | item 20 | _____ | score for item 20 | _____ |
| II.b. | 1 of items 21-24 | _____ | average of items 21-24 | _____ |
| III.a. | item 25 | _____ | score for item 25 | _____ |
| III.b. | item 26 | _____ | score for item 26 | _____ |
| III.c. | item 27 | _____ | score for item 27 | _____ |
| III.d. | item 28 | _____ | score for item 28 | _____ |
| III.c. | item 29 | _____ | score for item 29 | _____ |
| III.d. | item 30 | _____ | score for item 30 | _____ |
| IV.a. | 1 of items 31-33 | _____ | average of items 31-33 | _____ |
| IV.b. | item 34 | _____ | score for item 34 | _____ |
| IV.c. | item 35 | _____ | score for item 35 | _____ |
| V.a. | item 36 | _____ | score for item 36 | _____ |
| V.b. | item 37 | _____ | score for item 37 | _____ |
| V.c. | item 38 | _____ | score for item 38 | _____ |
| V.d. | item 39 | _____ | score for item 39 | _____ |
| V.e. | item 40 | _____ | score for item 40 | _____ |
| VI.a. | 1 of items 41-43 | _____ | average of items 41-43 | _____ |
| VI.b. | 1 of items 44 or 45 | _____ | average of items 44-45 | _____ |

C. Calculate the overall Current Severity for each domain (I-VI) by averaging the all the subscale scores for that domain. Then write the scores Current Severity score for each domain on the corresponding line below.

| CURRENT SEVERITY / PRESENCE | | |
|--------------------------------|-------|---|
| I. | _____ | _____ (Scores of 2 or higher on A and 1 of B-F) |
| II. | _____ | _____ (Scores of 2 or higher on A or B) |
| III. | _____ | _____ (Scores of 2 or higher on 2 of A-F) |
| IV. | _____ | _____ (Scores of 2 or higher on 1 of A-C) |
| V. | _____ | _____ (Scores of 2 or higher on 2 of A-E) |
| VI. | _____ | _____ (Scores of 2 or higher on A or B) |

D. Calculate overall Current Presence for each domain by applying the criteria parenthetically stated above. Then write “Yes” or “No” for the Current Presence for each domain on the corresponding line above.

E. Copy scores from this page to the corresponding places on the SIDES Score Report Sheet.

SIDES Score Report Sheet

Scores of 2 or higher are clinically significant.

LIFETIME PRESENCE **CURRENT SEVERITY / PRESENCE**

I. ALTERATIONS IN REGULATION OF AFFECT AND IMPULSES

(A and one of B-F required)

- A. Affect Regulation
- B. Modulation of Anger
- C. Self-destructive
- D. Suicidal Preoccupation
- E. Difficulty Modulating Sexual Involvement/Preoccupation
- F. Excessive Risk Taking

II. ALTERATIONS IN ATTENTION OR CONSCIOUSNESS

(A or B required)

- A. Amnesia
- B. Transient Dissociative Episodes and Depersonalization

III. ALTERATIONS IN SELF-PERCEPTION

(Two of A-F required)

- A. Ineffectiveness
- B. Permanent Damage
- C. Guilt and Responsibility
- D. Shame
- E. Nobody Can Understand
- F. Minimizing

IV. ALTERATIONS IN RELATIONSHIPS WITH OTHERS

(One of A-C required)

- A. Inability to Trust
- B. Revictimization
- C. Victimizing Others

V. SOMATIZATION

(Two of A-E required)

- A. Digestive System
- B. Chronic Pain
- C. Cardiopulmonary Symptoms
- D. Conversion Symptoms
- E. Sexual Symptoms

VI. ALTERATIONS IN SYSTEMS OF MEANING

(A or B required)

- A. Despair and Hopelessness
- B. Loss of Previously Sustaining Beliefs
