

*Are you looking for support for your child and family?  
Has your child experienced significant life stress?*

# Child Trauma Treatment Study

The Trauma Center at JRI invites you and your family to participate in a research study examining the effectiveness of a child/adolescent trauma treatment, Attachment, Regulation and Competency (ARC), compared to treatment as usual (TAU) at participating clinic sites in Everett, Framingham, and Taunton, MA.



**The goal is to determine the effectiveness of ARC treatment compared to TAU.**

**We are looking for children & adolescents:**

- Ages 8-16
- With a history of overwhelming or traumatic life experiences
- Who are actively seeking treatment for behavioral, emotional, or other functional difficulties which make daily life a challenge
- Who have current health insurance or self-pay eligibility for treatment as required by the participating clinic
- Who have a legal guardian who is able to provide consent (i.e., DCF cannot be the legal guardian)



**What will the study involve?**

- Completing a phone screen with the Project Coordinator
- Completing a 3-4 hour baseline evaluation (children and caregivers will be interviewed separately)
- Participating in weekly therapy (24 sessions of ARC or TAU over 6-7 months)
- Completing research study evaluations at four time points (at baseline, after 12 weeks of treatment, after 24 weeks of treatment, and 6 months after treatment ends)

**What are the benefits of participating?**

- Families will receive compensation up to a total of \$350

**Potential benefits from treatment may include:**

- Improved behavioral functioning
- Decreased symptoms of PTSD
- Improved caregiver capacities and well-being

**To participate or with further questions, please contact:**

Katie McCarthy, Ph.D., Project Coordinator at the Trauma Center at JRI  
**(617-232-1303 x 2020)**, email: [kmccarthy@jri.org](mailto:kmccarthy@jri.org)

**To begin the process for intake services, please contact:**

Ann Fitzgerald, LICSW at Eliot Services in Everett **(781-388-6283)**  
Jamie Amaral, LMHC at SMOC in Framingham **(508-879-2250 x 3116)**  
Karen Turner, LMHC at CCBC in Taunton **(508-977-8140)**