

# RESEARCH STUDY:



## CHILDREN AND LIFE STRESSORS

Bessel van der Kolk, M.D., the founder of the Trauma Center says:

"This is the **single most important research study** we have done in the 25 year history of the Trauma Center. We have the opportunity to affect the way that our children are understood and treated by the mental health, medical, educational and social service professionals for the foreseeable future."

Please consider participation if your child is **8 - 17 years old**.

**The goal is to determine the best treatment plan for children and families.**

### Who can participate?

- Children ages 8-17 (not hospitalized within the last 14 days). Children do **NOT** need mental health problems to participate.

### What is involved in participating?

- One 2-3 hour interview (both child and guardian interviewed either separately or together)
- Guardian will describe their life stressors, stress symptoms, and health services their child has received

### What are the benefits of participating?

- Guardian will receive \$50 per child & may request assessment results.

