The Trauma Center at JRI  
Core Seminar

9/8/08 Margaret E. Blaustein PhD  
Course Introduction: The Complexity of Adaptation to Trauma

Readings:  
Chapt. 1: van der Kolk, B.A. & McFarlane, A.C. Background Issues and History: The Black Hole of Trauma. (pp. 3-23)  
Chapt. 3: van der Kolk, B.A., Weisaeth, L. & van der Hart, O. History of Trauma in Society. (pp. 47-74)


9/15/08 Bessel van der Kolk MD  
Traumatic Stress: The Body Keeps the Score

Reading:  


9/22/08 Margaret E. Blaustein Ph.D.  
Trauma in Context: Developmental Framework

Readings:  
Robert Macy Ph.D.

Acute Trauma: Phenomenology, Impact, and Stabilization in the Aftermath of Acute Trauma

**NOTE:** Today’s class meets from 9:30 A.M. – 3:00 P.M.

Required Readings:


Chapters 1 through 3 in-


Additional Resources:

An executive summary describing Classroom-Based Intervention may be found at [http://www.savethechildren.org/publications/technical-resources/education/CBI_Impact_Evaluation.pdf](http://www.savethechildren.org/publications/technical-resources/education/CBI_Impact_Evaluation.pdf)
10/6/08  **Bessel van der Kolk M.D.**
Complex Trauma

**Readings:**


10/13/08  **Columbus Day; no meeting**

10/20/08  **Margaret E. Blaustein Ph.D.**
Trauma in Context: The Attachment System

**Readings:**


**Recommended Readings:**


10/27/08  **Margaret Blaustein, Ph.D.**

Context of Trauma and Resilience Factors

**In-Class Movie:**
“20/20: Waiting on the World to Change”

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11/3/08  **Bessel van der Kolk M.D.**

Brain, Body, and the Self

**Readings:**


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11/10/08  **Fran Grossman, Ph.D.**

Understanding Dissociation

**Readings:**


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11/17/08  **Joseph Spinazzola Ph.D.**

Assessment of Adult Trauma in an Ethno cultural Context

**Readings:**


Chapter 7 in-

11/24/08 Alexandra Cook Ph.D.
Clinical Assessment of Childhood Trauma and Dissociation

Readings:
Children’s Advocacy Center of Suffolk County Guidelines (2000).


12/1/08 Joseph Spinazzola, Ph.D.
Trauma Processing and the Timing of Phase-Oriented Treatment

Readings:
   Chapter 8: "Safety". (pp. 155-174)
   Chapter 9: "Remembrance and Mourning" (pp. 175 - 195)
   Chapter 10: "Reconnection" (pp. 196 - 213)


Recommended Readings:

12/8/08 Margaret E. Blaustein, Ph.D.
Attachment, Self-Regulation, and Competency (ARC): A framework for intervention with traumatized youth

Readings:


12/15/08  Margaret E. Blaustein, Ph.D.
Vicarious Traumatization and Self-Care

Reading:


12/22/08  No meeting; Winter break
12/29/08

1/5/09  Janina Fisher, Ph.D.
Stabilization: Restoring the Capacity for Daily Life

Readings:


Recommended Readings:

1/12/09  

**Dave Emerson, E-RYT**  
Yoga and the Traumatized Body: Applications of Yoga in Trauma Treatment  

**Readings:**  
[NOTE: Above reading included in 9/15/08 class; may be referenced for current seminar.]  


1/19/09  

**Martin Luther King, Jr. Day; No meeting**

1/26/09  

**Richard Jacobs, Psy.D.**  
Stabilization: Physiological and Body-Oriented Strategies  

**Readings:**  
Jacobs, R. L. (unpublished manuscript). Helping patients modulate their own physical arousal by changing physical states.

2/2/09  

**Janina Fisher, Ph.D.**  
Stabilization: Treating Dissociation and Disorganized Attachment  

**Readings:**  

**Recommended Readings:**


**2/9/09**  
**Bessel van der Kolk, M.D.**

**Trauma Processing: Overview**

**Reading:**


Chapt. 18: van der Kolk, B.A., McFarlane, A.C., & van der Hart, O. A General Approach to Treatment of Posttraumatic Stress Disorder. (pp. 417-440)


**2/16/09**  
**Presidents Day; No meeting**

**2/23/09**  
**Fran Grossman, Ph.D.**

**Transference / Countertransference in Trauma Treatment**

**Reading:**


3/2/09  
Amie Alley Pollack, Ph.D.

Trauma Processing: Cognitive Strategies: Narrative and Exposure Therapy in the Treatment of Trauma

**Readings:**

  **Chapt. 22:** Rothbaum, B.O. & Foa, E.B. Cognitive-Behavioral Treatment of Posttraumatic Stress Disorder. (pp. 510 - 524)


3/9/09  
Deborah Korn, Ph.D.

Use of EMDR in Trauma Processing

**Readings:**


**Optional Recommended Readings:**

3/16/09  Erika Lally, LICSW & Michelle Harris, LMHC

Trauma Processing: Nonverbal/Expressive Strategies

Readings:


Chapters 1 and 2 in:


Sensory Integration in Trauma Treatment

Readings:
To be announced

3/30/09  Michele Henderson, LICSW

Play Therapy Techniques with Traumatized Children

Readings:


Recommended Book:
4/6/09  Fran Grossman, Ph.D.
Treatment of Dissociation

Reading:


4/13/09  Steven Gross, MSW
Self-Care for Clinicians: Healing Play

Reading:
To be announced.

4/20/09  Patriots Day; No meeting

4/27/09  Lynn Sanford, LICSW
Trauma and Resiliency

Readings:


5/4/09  Bessel van der Kolk, MD
Future Directions

Readings:
To be announced

5/11/09  Margaret E. Blaustein, Ph.D.
Terminations in Trauma Treatment

Reading: