The Trauma Center at JRI
Certificate Program 2010- 2011
Core Seminar

9/13/10 Margaret E. Blaustein, Ph.D.,
Elizabeth Hopper, Ph.D.
Course Introduction: The Complexity of Adaptation to Trauma

Readings:


  Chapter 1: van der Kolk, B.A. & McFarlane, A.C. Background Issues and History: The Black Hole of Trauma. (pp. 3-23)


9/20/10 Bessel van der Kolk, M.D.
Brain Rhythms and Development

Readings:


  Chapter 2: van der Kolk, B.A. & McFarlane, A.C. Trauma and Its Challenge to Society. (pp. 24-46)


  Chapter 1: “Your Child’s Brain” (pp. 14-33)
Recommended Reading:


9/27/10  Margaret E. Blaustein, Ph.D.

Trauma in Developmental Context

Readings:

- Introduction and Chapter 1 in -
  - Introduction, pp. 1-5
  - Chapter 2: The Developmental Impact of Trauma, pp. 9-21


Recommended Reading:


10/4/10  Kevin Becker, Psy.D.

Acute Trauma

Readings:


**Recommended Reading:**


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**10/11/10**  
Columbus Day; no meeting

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**10/18/10**  
**Bessel van der Kolk, M.D.**  
Trauma, the Brain, and Biology

**Readings:**


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**10/25/10**  
**Margaret E. Blaustein, Ph.D.**  
The Attachment System

**Readings:**


Recommended Readings:


11/10

Elizabeth Hopper, Ph.D.
Marla Zucker, Ph.D.

Dissociation

Readings:


11/8/10

Margaret Blaustein, Ph.D.

Context of Trauma and Resilience Factors

In-Class Movie:
“20/20: Waiting on the World to Change”

Readings:
Introduction and Chapter 1 in-

11/15/10

Frank Guastella Anderson, M.D.

Psychopharmacology and Biology

Readings:


11/22/10 Bessel van der Kolk, M.D. Michelle Contreras, M.A. Culture and Trauma

Readings:


   Chapter 3: Jimmy in the Hospital
   Chapter 7: Roy in DC

11/29/10 Anthony Toombs, M.Ed. Team Building / Joy and Playfulness

Readings:


**Recommended Book:**


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**12/6/10 Alexandra Cook, Ph.D.**

Clinical Assessment of Trauma in Children and Adults

**Readings:**

Children’s Advocacy Center of Suffolk County Guidelines (2000).


**Recommended Readings:**


Chapter 7 in-


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**12/13/10 Margaret E. Blaustein, Ph.D., Elizabeth Hopper, Ph.D**

Vicarious Traumatization and Self-Care

**Readings:**


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<td>Winter Break</td>
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1/3/11 **Janina Fisher, Ph.D.**

Stabilization: Modulation of Arousal

**Readings:**


**Recommended Readings:**


1/10/11  **Joseph Spinazzola, Ph.D.**  
Timing and Pacing of Phase-Oriented Treatment

**Readings:**

Chapter 8: "Safety".  (pp. 155-174)  
Chapter 9: "Remembrance and Mourning" (pp. 175 - 195)  
Chapter 10: "Reconnection" (pp. 196 - 213)


**Recommended Readings:**


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1/17/11  **Martin Luther King Jr. Day- no meeting**

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1/24/11  **Margaret E. Blaustein, Ph.D.**  
Attachment, Self-Regulation, and Competency (ARC): A framework for intervention with traumatized youth

**Readings:**

Chapter 3 in:  


Recommended Reading:


1/31/11 Fran Grossman, Ph.D.
Transference / Countertransference in Trauma Treatment

Readings:


2/7/11 Bessel van der Kolk, M.D.
Trauma Processing and the Nature of Traumatic Memory

Readings:


Recommended Reading:

2/14/11  Deborah Korn, Psy.D.
Use of EMDR in Trauma Processing

Readings:


Optional Recommended Readings:


2/21/11  President’s Day- no meeting

2/28/11  Joseph Spinazzola, Ph.D.
Trauma Experience Integration

Readings:


Chapter 4: Courtois, C., Ford, J. & Cloitre, M. “Best Practices in Psychotherapy for Adults” (pp. 82 – 103)

Recommended Reading:


3/7/11

Janina Fisher, Ph.D.

Stabilization: Treating Dissociation and Disorganized Attachment

Readings:


Recommended Readings:


3/14/11

Fran Grossman, Ph.D.

Treatment of Dissociation

Reading:

3/21/11 Michele Henderson, LICSW
Play Therapy Techniques with Traumatized Children

Readings:


Recommended Book:


3/28/11 Richard Jacobs, Psy.D.
When Talking Isn’t Working: Bringing The Body into Therapy

Reading:

Foreword by Bessel van der Kolk in-

4/4/11 Elizabeth Warner, Psy.D.
Sensory Motor Arousal Regulation Treatment

Readings:


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4/11/11

**Ritu Sharma, Ph.D.**

Dialectical Behavior Therapy

**Readings:**


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4/18/11

**Patriot’s Day**

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4/25/11

**Dave Emerson, E-RYT**

Yoga and the Traumatized Body: Applications of Yoga in Trauma Treatment

**Readings:**


[NOTE: Above reading included in 10/18/10 class; may be referenced for current seminar.]


5/2/11  Lynn Sanford, LICSW
Trauma and Resiliency

Readings:


5/9/11  Bessel van der Kolk, M.D.
Future Directions

Readings:

*To be announced*

5/16/11  Margaret E. Blaustein, Ph.D.
Elizabeth Hopper, Ph.D.
Terminations in Trauma Treatment

Reading:


*Syllabus updated 8/30/10*