Conference Director:
Bessel A. van der Kolk, MD

With Keynote Speakers:
Beatrice Beebe, PhD • Ruth Lanius, MD, PhD
Alexander McFarlane, MB BS (Hons), MD • Pat Ogden, PhD
Jaak Panksepp, PhD • Bruce D. Perry, MD, PhD • Stephen W. Porges, PhD
Richard C. Schwartz, PhD • Stephen J. Suomi, PhD
Martin H. Teicher, MD, PhD • Ed Tronick, PhD • Rachel Yehuda, PhD
For the past 25 years, we have examined how trauma affects psychological and biological processes, and how the damage caused by overwhelming life experiences can be reversed. This year many of the most important contributors of our generation will summarize their work.

The study of psychological trauma has been accompanied by an explosion of knowledge about how experience shapes the central nervous system and the formation of the self. Developments in the neurosciences, developmental psychopathology and information processing have contributed to our understanding of how brain function is shaped by experience and the belief that life itself can continually transform perception and biology.

The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development.

Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming experiences in childhood, this endeavor has elucidated how certain experiences can “set” psychological expectations and biological selectivity.

We have learned that most experience is automatically processed on a subcortical level, i.e., by “unconscious” interpretations that take place outside of awareness. Insight and understanding have only a limited influence on the operation of these subcortical processes. When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on understanding and cognition.

Objective

The objective of this course is to present current research findings on how people’s brains, minds, and bodies respond to traumatic experiences; how they regulate emotional and behavioral responses; and the role of relationships in protecting and restoring safety and regulation.

We will explore post-traumatic responses at different developmental levels, as well as the treatment implications of these findings. We also will explore how affect regulation and the interpretation of innocuous stimuli as threats require interventions aimed at restoring active mastery and the capacity to focus on the present. Traumatic memories often are dissociated and may be inaccessible to verbal recall or processing. Therefore, close attention must be paid to the development of inner resources to deal with dysregulation and helplessness, as well as to the careful timing of the exploration and processing of the traumatic past.

In closing, the course will examine cutting-edge treatment interventions for various trauma-based symptoms.

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THURSDAY, MAY 29, 2014

The Overall Picture:
Trauma, Biology and Environment

8:00 – 8:30 a.m. Registration
8:30 – 9:15 a.m. Understanding and Treating Traumatic Stress Over a 25 Year Perspective
Bessel A. van der Kolk, MD

9:15 – 10:00 a.m. Connectedness as a Biological Imperative: Understanding Trauma Through the Lens of the Polyvagal Theory
Stephen W. Porges, PhD

10:00 – 10:15 a.m. Coffee Break
10:15 – 11:00 a.m. Lessons from Monkeys About Interactions Between Genes, Environment and Attachment Patterns
Stephen J. Suomi, PhD

11:00 – 12:30 p.m. Integration and Discussion
Morning Faculty; Bruce D. Perry, MD, PhD; and Alexander McFarlane, MB BS (Hons), MD

12:30 – 1:45 p.m. Lunch (On Your Own)
1:15 – 1:45 p.m. Chair Yoga (Optional)

Brain and Physiology of Trauma

1:45 – 2:45 p.m. The Stress System Keeps Score: Trauma and Neuroendocrinology
Rachel Yehuda, PhD

2:45 – 3:45 p.m. Language, Transformation and the Revisiting of Trauma
Alexander McFarlane, MB BS (Hons), MD

3:45 – 4:00 p.m. Afternoon Break
4:00 – 4:25 p.m. Blunted and Discordant Affect: Studying Something that Can’t be Seen
Wendy D’Andrea, PhD

4:25 – 4:50 p.m. Defensive Reactivity: The Role of Cumulative Stress and Trauma
Lisa McTeague, PhD

4:50 – 5:15 p.m. Blunted and Discordant Affect: Multiple Routes to Shutting Down
Greg J. Siegle, PhD

5:15 – 6:00 p.m. Integration and Discussion
Afternoon Faculty; Martin H. Teicher, MD, PhD; Pat Ogden, PhD; Beatrice Beebe, PhD; and Ed Tronick, PhD

Special Evening with Bessel

7:00 – 8:30 p.m. Join Dr. van der Kolk for an Intimate Evening Reading from His Latest Book, The Body Keeps Score
Registration is $100, hors d’oeuvres included. All proceeds fund the drive to establish the van der Kolk Research Directorship. Limited to 100 participants.
Thursday, May 29 – Saturday, May 31, 2014

FRIDAY, MAY 30, 2014

Trauma and Developing Minds and Brains

8:00 – 8:30 a.m.  Registration

8:30 – 9:15 a.m.  Affective Neuroscience and Trauma
    Jaak Panksepp, PhD

9:15 – 10:00 a.m.  Trauma and Brain Development
    Martin H. Teicher, MD, PhD

10:00 – 10:15 a.m.  Coffee Break

10:15 – 11:00 a.m.  Neurodevelopmental Model of Treatment Intervention
    Bruce D. Perry, MD, PhD

11:00 – 12:30 p.m.  Integration and Discussion
    Morning Faculty; Stephen W. Porges, PhD; Rachel Yehuda, PhD; and Stephen J. Suomi, PhD

12:30 – 1:45 p.m.  Lunch (On Your Own)

1:15 – 1:45 p.m.  Chair Yoga (Optional)

Trauma and the Shattered Self

1:45 – 2:30 p.m.  Neurobiology of Self-Experience
    Ruth Lanius, MD, PhD

2:30 – 3:15 p.m.  Trauma-Related Altered States of Consciousness (TRASC)
    Paul A. Frewen, PhD, C.Psych

3:15 – 4:00 p.m.  Integration of Trauma Treatment Models in Clinical Practice
    Deborah Kom, PsyD

4:00 – 4:15 p.m.  Afternoon Break

4:15 – 5:00 p.m.  Bringing Self-Leadership to Shattered Inner Systems
    Richard C. Schwartz, PhD

5:00 – 5:45 p.m.  Integration and Discussion
    Afternoon Faculty; Bessel A. van der Kolk, MD; and Jaak Panksepp, PhD

SATURDAY, MAY 31, 2014

Development: Interacting Brains, Minds and Rhythms

8:00 – 8:30 a.m.  Registration

8:30 – 9:15 a.m.  Connections and Disconnections: Mother-Infant Face-to-Face Communication
    Beatrice Beebe, PhD

9:15 – 10:00 a.m.  Trust and Meaning Making in Parent-Child Interactions
    Ed Tronick, PhD

10:00 – 10:15 a.m.  Coffee Break

10:15 – 11:00 a.m.  Sensorimotor Integration Therapy (SMART) with Abused and Neglected Children
    Elizabeth Warner, PsyD

11:00 – 12:30 p.m.  Integration and Discussion
    Morning Faculty; Margaret E. Blaustein, PhD; Stephen J. Suomi, PhD; and Martin H. Teicher, MD, PhD

12:30 – 1:45 p.m.  Lunch (On Your Own)

1:15 – 1:45 p.m.  Chair Yoga (Optional)

Reorganizing Brain and Body

1:45 – 2:20 p.m.  Beneath the Words: Sensorimotor Psychotherapy Interventions for Trauma and Attachment
    Pat Ogden, PhD

2:20 – 3:05 p.m.  Neurofeedback: Rewiring Attentional Systems
    Ed Hamlin, PhD

3:05 – 3:25 p.m.  Finding Your Voice in Community: The Use of Theater
    Joseph Spinazzola, PhD

3:25 – 3:50 p.m.  Integration and Discussion
    Afternoon Faculty; Sebern Fisher, MA, BCN; Ruth Lanius, MD, PhD; and Rachel Yehuda, PhD

3:50 – 4:05 p.m.  Afternoon Break

4:05 – 5:00 p.m.  The Spiritual: An African-American Response to the Trauma of Enslavement
    Ysaye M. Barnwell, PhD

5:00 – 5:30 p.m.  Closing: Quaker-Style Sharing and Debriefing

A Perfect Waterfront Location

Reservations: The conference attendee rate is $239 per night. Reservations can be made directly with the hotel; call toll-free 1-877-SEAPORT. Please mention that you are attending the Trauma Conference.

Transportation: Air travelers can reach the Seaport by taxi in less than 10 minutes from Logan International Airport.

Mass Transit: Traveling on the T: Take the Silver Line from the airport to the World Trade Center stop. Detailed information can be found at mbta.com.
Workshop 1

The Transformative Power of Theater and Play
Joseph Spinazzola, PhD • Kristen Cahill, MA • Dave Dorvilier, LCSW • Members of the JRI Trauma Drama Intervention Team

This workshop will immerse a small number of participants in an intensive, fully-experiential introduction to Trauma Drama, the Trauma Center’s innovative, evidence-informed intervention model. This model was designed to address the somatic imprint of pervasive and complex maltreatment, violence and neglect through embodied, communal and agentic interaction, cooperative play and creative self-expression. Trauma Drama represents the fusion of an improvisational theater-based youth violence prevention program (Urban Improv) with the core components of clinical intervention for complex trauma. Following a brief overview of the Trauma Drama model, its theory of change and mechanisms of action, this workshop will delve quickly into active, full-group demonstrations of model components introduced in a progressive manner that mirrors the sequential course of the program. Following each activity, workshop leaders will discuss application to clinical practice with adults and children in individual treatment, group psychotherapy and milieu settings. Participants will be expected to actively participate in demonstrated activities and are encouraged to wear clothing and footwear conducive to active physical involvement. Enrollment will be limited to 60 participants.

Workshop 2

Component-Based Psychotherapy: Attachment and the Therapeutic Relationship
Frances K. Grossman, PhD, ABPP

Component-Based Psychotherapy (CBP) is a new integration developed by the Trauma Center at JRI to treat adult survivors of childhood emotional abuse and neglect. The core of this work involves working with the attachment system by way of the therapeutic relationship. In this presentation, first a brief overview of CBP will be presented. Then the conceptual framework that highlights the centrality of focusing on aspects of the attachment systems of these clients is described. Most of the day will be on how to actually work with these clients, with a particular emphasis on the difficulties, as well as the great rewards, this work can present to therapists.

Workshop 3

IMPACT: Trauma-Informed Self-Defense and Assertive Communication Training
Meg Stone, MPH, IMPACT Executive Director

Many survivors of trauma and abuse struggle with lasting experiences of feeling unsafe. The IMPACT program is designed to give people a physical, visceral experience of their power and the tools to advocate for themselves when they feel stressed or afraid. We accomplish this by placing people in realistic simulations of uncomfortable and potentially unsafe situations and giving them the coaching and support they need to achieve successful outcomes. In addition to somatic healing, IMPACT participants gain practical self-defense skills, which have shown to be effective in response to attempted assaults perpetrated by both strangers and familiar people. This workshop will give you an opportunity to learn practical self-defense skills through experiential exercises and to understand the ways in which IMPACT’s methods are trauma-informed and have been adapted to meet the needs of diverse trauma survivors.

Workshop 4

Pesso-Boyden Psychotherapy
Albert Pesso, BA

Fundamentals of body-based techniques and their use in creation of new memories that ameliorate the effects of traumatic histories and maturational deficits. Interventions that provide limits for overwhelming emotional impulses to reverse the traumatic consequences of loss of self-control and help return a sense of meaning to life. Section II: Holes in Roles. A perspective on the compassionate response of children who have heard stories of traumatic histories of present and long-dead family members and its paradoxical consequences. Live demonstrations applying PBSP “structures” will illustrate how to create new, need-satisfying, symbolic memories for clients that help them handle the normal vicissitudes of life.

Workshop 5

Trauma and Addicted Family Systems: A Multidimensional Perspective
Claudia Black, MSW, PhD • Shelley Uram, MD

Claudia Black, PhD, and Shelley Uram, MD, both Senior Fellows at The Meadows, will offer a dynamic presentation about Trauma and Addicted Family Systems. Dr. Black will explain how adverse childhood experiences and blatant violence contribute to both addiction and co-occurring disorders. She also will discuss shame screens, which are created in response to internalized shame-based messages. Dr. Uram will translate this information into simple-to-understand neurobiologic concepts, explaining how they ultimately impact the family system and most other aspects of life.
Workshop 6A Morning Session

Midnight’s Children Revisited: Understanding and Serving the Person Inside the Polyvictim
Regina Musicaro, ALM  •  Lisa Goldblatt Grace, LICSW, MPH  •  Steven Procopio, ACSW, LICSW  •  Aliza Yarrow, PsyD

Of late, research on traumatic stress has directed increased attention to “unpacking” the effects of “polyvictimization,” or the cumulative exposure to multiple, interrelated and developmentally progressive forms of violence, exploitation and other life adversity. Despite this empirical focus, the subtle vulnerabilities, individual differences and real-life needs of identified victim populations continue to be overlooked, and perhaps obscured, by this research. This half-day workshop will feature careful, nuanced consideration of the risk and recovery trajectories of three of the most forsaken and misunderstood subpopulations of individuals and communities impacted by polyvictimization: commercially sexually exploited girls and young women; commercially sexually exploited boys and young men; and complexly traumatized LGBTQ-identified youth and adults. Presenters will delineate the scope of the problem for each victimization group, address myths and misperceptions, provide illustrative clinical anecdotes, and outline recommendations for strengths-based, trauma-informed multidisciplinary providers and responders including law enforcement and the judicial system, behavioral health, child welfare, educators and policy makers.

Workshop 6B Afternoon Session

Out of the Abyss: The Van der Kolk Center Approach to Comprehensive, Trauma-Informed Residential Services for Youth
Joseph Spinazzola, PhD  •  Stacey Forrest, M.Ed.  •  Sean Rose, M.Ed.  •  Tara Sagor, CAGS, LMHC  •  Amy Pingland, PsyD  •  Kari Beserra, LICSW

Contemporary residential services are frequently regarded as the “end of the road” for youth who have “failed out” of less restrictive environments. And yet, for many complexly traumatized youth for whom “family” and “home” have justifiably become constructs fraught with peril, residential treatment settings increasingly represent the best chance they have to reroute developmental trajectories of intergenerational violence, self-harm and societal failure. This half-day workshop will introduce participants to the core tenets of the van der Kolk approach to trauma-informed residential youth services. Presenters will share strategies undertaken and lessons learned in regard to the process of embedding trauma-focused programming and interventions – including SMART, neurofeedback, therapeutic sports and Trauma-Sensitive Yoga (TSY) – into ARC-driven, strengths-based, developmentally tailored, trauma-informed residential service continua. Case vignettes illustrating “vertical” and “horizontal” unfolding of model components will be presented, and will feature videotaped excerpts of clinical session material as well as client- and site-level outcome data. Finally, presenters will discuss implications of findings for model replication and policy initiatives at programmatic and state agency levels.

Workshop 7A Morning Session

Advanced Applications of the Attachment, Self-Regulation, and Competency (ARC) Framework: Part I — Building Sustainable Trauma-Informed Systems
Margaret E. Blaustein, PhD

This workshop is designed for individuals who have received prior training in the ARC framework, and who are invested in integrating and sustaining framework principles into ongoing practice within their systems. This highly interactive workshop will focus on the process of building sustainable integration of ARC framework principles into agency / system practice, including design and development of internal teams, strategic planning, monitoring of implementation and outcomes, and benchmarks for determining fidelity to the framework. We will review real-world examples from diverse systems and troubleshoot implementation through small-group discussion.

This workshop is limited to 30 individuals or program teams to facilitate interaction, and is ideal for systems who have received some training but not yet had the opportunity to engage in ongoing consultation.

Workshop 7B Afternoon Session

Advanced Applications of the Attachment, Self-Regulation, and Competency (ARC) Framework: Part II — Advanced Clinical Applications
Margaret E. Blaustein, PhD

This afternoon session, designed for individuals who have received prior training in the ARC framework, is an opportunity to examine real-world clinical applications through case-based discussion of framework content. We will explore such clinical issues as short-term treatment, intervention with complex multiple traumatized family systems, and the use of the framework with special populations. Participants will be introduced to strategies for prioritizing treatment targets and evaluating outcomes.

This workshop is ideal for clinical providers who are looking to deepen their understanding of framework applications with diverse clients. Enrollment is limited to 30 practitioners to facilitate small-group discussion and interaction.
Faculty

Ysaye M. Barnwell, PhD
Professor at the College of Dentistry at Howard University and a vocalist and/or instrumentalist with Sweet Honey in the Rock for the past 30 years. Her workshop “Building a Vocal Community®: Singing in the African-American Tradition” has been conducted on three continents. She has been involved in numerous choral, film, video, dance and theatrical projects, including Sesame Street, Dance Alloy, David Rousseve’s Reality Dance Company, The New Spirituals Project, GALA Festival Choruses, MUSE, and “The Steel Festival: Art of an Industry.”

Beatrice Beebe, PhD
Clinical Professor of Medical Psychology (in Psychiatry), College of Physicians & Surgeons, Columbia University, New York State Psychiatric Institute; and the NYU. Postdoctoral Program in Psychotherapy and Psychoanalysis; co-author of Rhythms of Dialogue in Infancy, Infant Research and Adult Treatment: Co-Constructing Interactions, and Forms of Intersubjectivity in Infant Research and Adult Treatment.

Margaret E. Blaustein, PhD
Director of Training and Education, Trauma Center at JRI; co-author, Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience Through Attachment, Self-regulation, and Competency.

Wendy D’Andrea, PhD
Assistant Professor of Psychology at The New School for Social Research in New York, NY. Her research focuses on physiological manifestations and consequences of complex trauma.

Sebern Fisher, MA, BCN
Psychotherapist and neurofeedback consultant, Northampton, MA. Author, Neurofeedback in the Treatment of Developmental Trauma: Calming the Fear-Driven Brain.

Paul A. Frewen, PhD, C.Psych
Assistant Professor, Department of Psychiatry and Psychology, University of Western Ontario; Chair, Traumatic Stress Section, Canadian Psychological Association. Author of 35 papers on trauma, affect regulation, mindfulness, dissociation, and the self. Co-author (with Ruth Lanius), Healing the Traumatized Self: Consciousness, Neuroscience, Treatment.

Ed Hamlin, PhD
Clinical Director, Institute for Applied Neuroscience; Director of Education, EEG Education and Research.

Deborah Korn, PsyD
Private Practice in Cambridge, MA; Faculty Member, Trauma Center at JRI and EMDR Institute.

Ruth Lanius, MD, PhD
Professor, Department of Psychiatry, University of Western Ontario, Canada; co-editor (with Eric Vermetten and Clare Pain), The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic. Co-author (with Paul A. Frewen), Healing the Traumatized Self: Consciousness, Neuroscience, Treatment.

Alexander McFarlane, MB BS (Hons), MD
Professor of Psychiatry, Head CMVH, University of Adelaide Node, The Centre for Military and Veterans’ Health, Australia; Past President, ISTSS. Author of more than 300 peer-reviewed scientific articles on PTSD. Co-author, Traumatic Stress: The Effects of Overwhelming Experience in Mind, Body and Society. Principal investigator, Australian Department of Defense longitudinal study of combat exposure.

Lisa McTeague, PhD
Instructor, Stanford University Department of Psychiatry and Behavioral Sciences; formerly, Center for the Study of Emotion and Attention, University of Florida.

Pat Ogden, PhD
Founder and Educational Director, Sensorimotor Psychotherapy Institute; author, Trauma and the Body: A Sensorimotor Approach to Psychotherapy and Sensorimotor Psychotherapy: Interventions for Trauma and Attachment.

Jaak Panksepp, PhD
Baily Endowed Chair, Animal Well-Being Science, College of Veterinary Medicine, Washington State University. Published more than 400 papers devoted to the study of basic emotional and motivational processes of the mammalian brain, including work on energy-balance regulation, sleep physiology, and emotional processes. Author, Affective Neuroscience and Archaeology of Mind.

Bruce D. Perry, MD, PhD
Senior Fellow, The ChildTrauma Academy; Adjunct Professor, Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine, Northwestern University; Senior Fellow, Berry Street Childhood Institute, Melbourne, Australia. Co-author (with Maia Szalavitz), The Boy Who Was Raised as a Dog and Born for Love: Why Empathy is Essential and Endangered.

Stephen W. Porges, PhD
Professor of Psychiatry, University of North Carolina. Professor Emeritus of Psychiatry, University of Illinois at Chicago, where he directed the Brain-Body Center, and at the University of Maryland, where he chaired the Department of Human Development and directed the Institute for Child Study. Author, The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation.

Richard C. Schwartz, PhD
Developer of the Internal Family Systems Model; Faculty, Department of Psychiatry, Harvard Medical School.

Greg J. Siegle, PhD
Associate Professor of Psychiatry and Psychology, Laboratory of Clinical and Translational Science, University of Pittsburgh.

Joseph Spinazzola, PhD
Executive Director, Trauma Center at JRI; Vice President, Behavioral Health & Trauma Services, Justice Resource Institute; Director, Complex Trauma Treatment Network, National Child Traumatic Stress Network; Trauma Drama Program Director, JRI.
Stephen J. Suomi, PhD
Chief of the Laboratory of Comparative Ethology at the Eunice Kennedy Shriver National Institute of Child Health & Human Development (NICHD), National Institutes of Health (NIH), Bethesda, MD. Research professorships at the University of Virginia, the University of Maryland College Park, the Johns Hopkins University, Georgetown University, Pennsylvania State University, and the University of Maryland. Recipient of numerous awards and honors, including the Donald O. Hebb Award from the American Psychological Association.

Martin H. Teicher, MD, PhD
Director of the Developmental Biopsychiatry Research Program at McLean Hospital. Associate Professor of Psychiatry, Harvard Medical School. He has been part of Harvard University’s Brain Development Working Group and has written numerous scientific articles on the effects of trauma on the developing brain.

Ed Tronick, PhD
University Distinguished Professor, University of Massachusetts Boston; Director of Child Development Unit, Children’s Hospital Boston; author, The Neurobehavioral and Social-Emotional Development of Infants and Children.

Bessel A. van der Kolk, MD
Professor of Psychiatry, Boston University School of Medicine; Medical Director, Trauma Center at JRI; Past President, International Society for Traumatic Stress Studies; Co-director, National Complex Trauma Treatment Network (NCTSN); author, Psychological Trauma; editor, Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society; The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Viking Press, 2014.

Elizabeth Warner, PsyD
SMART Project Director; Senior Supervisor, Trauma Center at JRI.

Rachel Yehuda, PhD
Professor of Psychiatry and Neuroscience, Icahn School of Medicine at Mount Sinai. Director, Traumatic Stress Studies Division and the Neurochemistry and Neuroendocrinology Laboratory at the James J. Peters Veterans Affairs Medical Center.

Conference Accreditation
The Meadows is approved by the following boards to offer continuing education. NAADAC-approved Provider, Provider # 000217. The Meadows is an NBCC-approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider # 5687. Course meets qualification for continuing education credit for MFTs and/or LCSW as required by the California Board of Behavioral Sciences, Provider # 2645. Provider Approved by CAADAC, Provider # OS-03-960-0815. Provider Approved by CADE, Provider # CP40 905 C 0715. MFT for the State of Illinois, Provider # 168-000155. LCSW/LSW for the State of Illinois, Provider # 159-000839. Texas State Board of MFT Approved. MSW for the State of Texas, Provider # 2462.

“The Justice Resource Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Justice Resource Institute maintains responsibility for this program and its content.” Pre-conference Workshops 1 through 7 meet criteria for 7 credit hours each. The Psychological Trauma Conference meets criteria for 21 credit hours; combined programs meet criteria for up to 28 hours, depending on number of days attended.

Pre-Conference Faculty

Hari Beserra, LICSW
Vice President, Meadowridge Schools Division, JRI.

Claudia Black, MSW, PhD
Author of more than 15 books, most notable It Will Never Happen To Me; co-founder of the National Association of Children of Alcoholics. Senior faculty at The Meadows.

Catie Borbotsina, MA
Trauma Drama Intervention Team Member, JRI; Staff Clinician, the van der Kolk Center.

Kristen Cahill, MA
Trauma Drama Intervention Team Co-Director, JRI; Competency Clinical Coordinator, Pelham Academy.

Simon Davis-Millis, BA
Trauma Drama Intervention Team Member, JRI; Residential Counselor, Walden Street School.

Dave Dorvilier, LCSW
Trauma Drama Intervention Team Co-Director, JRI; Clinical Coordinator, Redicovery House.

Amy Finland, PsyD
Postdoctoral Fellow, The Trauma Center at JRI; Director of Trauma Programming, Meadowridge Academy.

Stacey Forrest, MEd
Director, Susan Wayne Center of Excellence, JRI.

Lisa Goldblatt Grace, LICSW, MPH
Director, My Life My Choice at JRI.

Frances K. Grossman, PhD, ABPP
Professor Emeritus, Boston University Department of Psychology; Senior Supervisor, Trauma Center at JRI.

Regina Musicaro, ALM
Clinical Research Coordinator, The Trauma Center at JRI; Project Coordinator, Enhancing Multidisciplinary Responses to Polyvictimization.

Madeline Panella, BS
Trauma Drama Intervention Team Member, JRI; Recreational Counselor, Pelham Academy.

Albert Pesso, BA
Founder, Pesso Boyden System Psychomotor Therapy; President, the Psychomotor Institute, Inc., Boston, MA. Lifetime achievement award, the American Body Psychotherapy Association.

Steven Procopio, ACSW, LICSW
Staff Trainer, The Trauma Center at JRI.

Sean Rose, M.Ed.
Director of Governmental Relations, Affairs and Development, Connecticut Division, JRI.

Tara Sagor, CAGS, LMHC
Associate Program Director, van der Kolk Center.

Meg Stone, MPH
Executive Director, IMPACT. Project Director, IMPACT:Ability, an abuse-prevention program focused on people with disabilities and supported by a matching grant from the Robert Wood Johnson Foundation.

Ellyse Traverse, BA
Trauma Drama Intervention Team Coordinator, JRI.

Shelley Uram, MD
Harvard-trained, triple Board Certified psychiatrist; Clinical Associate, Professor of Psychiatry at the University of Arizona College of Medicine; senior faculty at The Meadows.

Elizabeth Worthy, LCSW
Trauma Drama Intervention Team Member, JRI; Staff Clinician, Walden Street School.

Aliza Yarrow, PsyD
Private Practice, Cambridge, MA.
### Registration

Please complete the form below or register online at [themeadows.com](http://themeadows.com) or [pesi.com/meadows](http://pesi.com/meadows).

The PESI company will be facilitating all registrations for this conference.

#### COURSE - Choose One

<table>
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<th>3-Day Psychological Trauma Conference Only:</th>
<th>FULL PRICE</th>
<th>EARLY REGISTRATION BY APRIL 28</th>
<th>RESIDENTS, FELLOWS-IN-TRAINING, FULL-TIME STUDENTS</th>
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<th>One-Day Pre-Conference Workshop Only:</th>
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Choose One Workshop: (Choosing either workshop 6 or 7 allows you to attend morning and afternoon sessions from either workshop.)

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- 5
- 6a
- 6b
- 7a
- 7b

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<th>FULL CONFERENCE:</th>
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Includes 3-day Conference and One-Day Pre-Conference Workshop

Choose One Workshop: (Choosing either workshop 6 or 7 allows you to attend morning and afternoon sessions from either workshop.)

- 1
- 2
- 3
- 4
- 5
- 6a
- 6b
- 7a
- 7b

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#### ADD - Special Evening Presentation

- **Thursday Evening with Bessel A. van der Kolk, MD:**
  - Thurs., May 29, 7:00 – 8:30 p.m., Limited to 100 Registrants.
  - $100

**Proof of verification required at registration.**

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### Send Completed Registration to:

- **Mail**
  - PESI, Inc.
  - P.O. Box 1000
  - Eau Claire, WI 54702-1000

- **Phone**
  - 800-844-8260

- **Fax**
  - 800-554-9775

- **Email**
  - events@pesi.com

### General Information:

#### Refund Policy

An administrative fee of $60 is deducted for cancellation. Refund requests must be made in writing to PESI, Inc., P.O. Box 1000, Eau Claire, WI 54702-1000, fax: 800-554-9775, or email: events@pesi.com. Requests must be postmarked by May 1, 2014. No refunds will be made thereafter.

#### Special Accommodations

For ADA accommodation, please email events@themeadows.com no later than three weeks prior to the course.

### Course Location and Hotel Accommodations

The conference will be held at the Seaport World Trade Center. A limited number of rooms has been reserved at the Seaport Hotel until April 26, 2014, at a discounted rate for conference attendees. Call 877-SEAPORT for reservations. Please mention that you are attending the Trauma Conference.