

The Neurobiology of Trauma LAMP Training

November 6, 2018

Presented by Hilary Hodgdon, Ph.D.

Program Description

Goals: To increase participants understanding of the impact of trauma on the brain and biology, and to increase awareness of physiological processes in trauma survivors' presentation and challenges. A primary goal of this training is to use knowledge gained on the neurobiology of trauma to inform effective approaches for working with survivors of trauma in the direct aftermath of a traumatic event, such as a sexual assault or domestic violence incident.

Content and Methods: This training session is designed for a range of professionals who work with survivors of trauma including mental health professionals, advocates, law enforcement officers, and prosecutors. The content of this training includes; information on the definition, prevalence, and facts on the characteristics of sexual assault and interpersonal violence; functions of brain areas that are involved in responding to traumatic events; how the brain and body respond to traumatic events; the influence of traumatic events on memory processes; common emotional and behavioral responses to trauma; and how to effectively work with trauma survivors. Distressing symptoms and behaviors will be re-framed to emphasize how individuals adapt to overwhelming stress. The personal impact of working with survivors of trauma, including vicarious and secondary trauma, will also be discussed. A case vignette will be used to support learning of concepts presented, along with video clips and group based discussion.

Learning Objectives:

1. Participants will be exposed to information on the prevalence of sexual assault and interpersonal violence as well as important statistics on the characteristics of these types of events.
2. Participants will gain a basic understanding of the brain structures that are activated during a traumatic event and the ways that traumatic events impact brain functioning.
3. Participants will understand how trauma impacts memory processes.
4. Participants will understand how neurobiological processes impacted by trauma are related to survivors' emotional and behavioral responses.
5. Participants will be exposed to information on effective approaches for working with trauma survivors in the direct aftermath of a traumatic event, such as a sexual assault.
6. Participants will have improved understanding of the personal impact of working with survivors of trauma, including the effects of vicarious and secondary trauma.

PRESENTER

Hilary Hodgdon, Ph.D., is a practicing clinical psychologist, trainer, and researcher specializing the study and treatment of traumatic stress. Her research interests center on deepening understanding of the etiology and sequelae of childhood trauma, elucidating mechanisms that convey risk for psychopathology among vulnerable populations, and development and evaluation of trauma-informed treatment approaches. Dr. Hodgdon is the Director of Research Operations at the Trauma Center and a Research Assistant Professor of Clinical Practice in the Department

of Psychology at Suffolk University. Dr. Hodgdon also serves as the Co-Director of the Complex Trauma Treatment Network, a National Child Traumatic Stress Network (NCTSN) Category II training and technical assistance center, as well as the Director of the LAMP Project, a curriculum development grant funded by the Office for Victims of Crime. Dr. Hodgdon is a certified trainer in the Child Welfare Toolkit and Resource Parent Curriculums of the NCTSN and the Attachment, Regulation and Competency (ARC) treatment framework for children with complex trauma. Dr. Hodgdon has provided training in the neurobiology and developmental impact of trauma and evidenced based interventions for traumatic stress to a variety of professional groups including prosecutors, law enforcement, advocates, social workers, mental health practitioners, and administrative, milieu and nursing staff at outpatient, residential, inpatient and community mental health settings. Dr. Hodgdon received her Ph.D. in Clinical Psychology at Temple University in Philadelphia.

LIMITED SPACE

Space in this workshop is limited for quality of training. Space in the workshop is limited to 75 participants. Once limits have been reached, you will be notified that you have been put on a waiting list, and will receive a space on a first come, first served basis.

PREREQUISITES

This training is appropriate for advanced, intermediate and beginning student/early career mental health clinicians (including psychologists, psychiatrists, social workers, master's level counselors, clinical nurse specialists, marriage and family counselors and other providers who work with adults, children or families), allied professionals (including case managers, school personnel educational advocates, milieu personnel, social service organization administrators and leaders, state agency personnel, law enforcement, judicial personnel and advocates, early-interventionists, clergy, community-leaders and activists, and artists for change), and state agency personnel, behavioral health services administrators, faith-based, tribal and nonprofit organization leaders interested in applying trauma-informed principles toward enhancing trauma-informed systems for the individual, families and communities they serve in order to mobilize change, empower minds and bodies, ameliorate health disparities and reroute healthy life trajectories that have been disrupted by familial trauma, social adversity, chronic oppression and community violence.

CONTINUING EDUCATION

The Justice Resource Institute (JRI) is approved by the American Psychological Association to sponsor continuing education for psychologists. JRI maintains responsibility for this program and its content.

For information regarding the status of continuing education credits for Massachusetts social workers and licensed mental health counselors, please contact the Training Division administrative support staff.

CANCELLATION POLICY

If you are unable to attend the Training Institute, we will provide a full refund two weeks prior to the start date. If you cancel less than two weeks prior to the start date, we will provide a credit toward a future Training Institute workshop, less a \$100 administrative fee. We must receive explicit notification of this cancellation, and credit must be used within one year of the original training date. We are unable to provide a refund or credit within two weeks of the start of the Training Institute.

Presenter: Hilary Hodgdon, Ph.D.

Date: November 6, 2018

Time: Tuesday, 9:00am – 4:00pm

Location: Justice Resource Institute, 160 Gould St, Ste 111, Needham, MA 02494

Cost: \$185.00

TO REGISTER CLICK HERE:

<https://lamptraining.eventbrite.com>